

# BICYCLEPAPER

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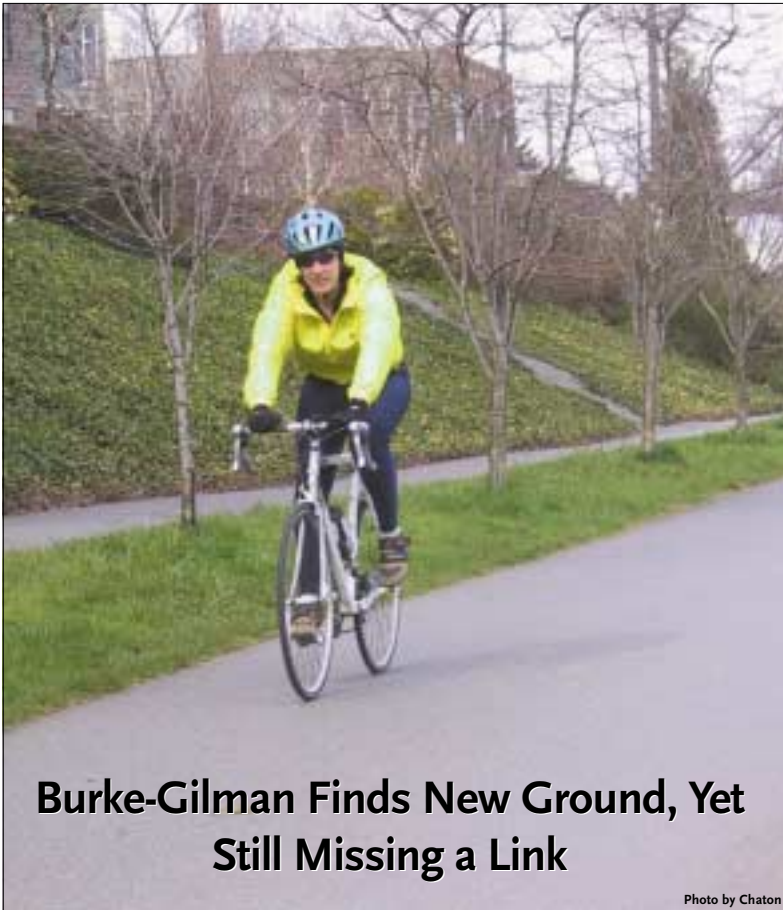
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April 2002 • Free



## Burke-Gilman Finds New Ground, Yet Still Missing a Link

Photo by Chaton

Burke-Gilman Trail user near Gasworks Park.

By SARAH GRINNELL

It is often described as being the "great urban trail system of the Northwest", and, being connected to the Sammamish River Trail, the Burke-Gilman Trail is one of the longest urban trails in America. This travelers' paradise is soon to extend its length through the Ballard community, to complete its originally planned 50-mile length. But some are advocating that this extension may cause safety problems because of a half-mile, gaping hole in the trail that runs through the busiest industrial area of Ballard. "Trying to ride through there," says Chuck Ayers of the Cascade Bicycle Club, "is a disaster because there is no designated place for bicyclists to ride. If there were a trail, cars, trucks and cyclists would all know where they are supposed to be."

### How the Burke-Gilman Was Born

This extended pathway, which now serves up to 3,000 of bicyclists, pedestrians, and other non-

motorists a day (depending on weather and season), has proved to be a valuable asset throughout the Puget Sound region. Over a century ago, in 1885, 12 investors, including Thomas Burke and Daniel Gilman, vowed to install a railroad corridor through the Puget Sound region which would place Seattle on the list of major transportation centers on the continent. The project was a success and the Burke-Gilman rail line proved to be a major contributor to the logging industry in the northwest. After many years the ownership changed. In 1913 Northern Pacific bought it out the rail line built by Burke and Gilman, and in 1970 the rail line merged into Burlington Northern Railroad. After only a year stint of business, Burlington Northern chose to abandon use of the railroad. That was when the citizens in the Puget Sound jumped at the chance to transform the rails into a traveling, safe-haven for bicyclists and

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## Another Season Begins

By JAY STILWELL

This year marks the 9th season that I have been involved with Bicycle Paper. As it draws near, I have a renewed sense of excitement about riding my bicycle and participating in cycling events this year. Like the plumber with the leaky pipes at home, I too have succumbed to the way of thinking that it is just a job. As the seasons rolled past, I had a tendency to get caught up in my other commitments and forget what brought me to the paper in the beginning. For me, it was my love of cycling and wanting to ride my bike every chance I got. Working for the paper was a great way to use my skills and to promote the sport of cycling. As a newcomer to this region, there were many lessons that I needed to learn about cycling in the Northwest, and to understand a Northwesterner's appreciation for the start of another cycling season.

I remember first arriving in Seattle and experiencing a Northwest winter, discovering that fenders and rain gear are mandatory. These were my first lessons about Northwest cycling. After a winter of riding in the rain, it seems that a magic spark was lit among the local cycling community when the Seattle Bicycle Expo rolled in, soon followed by Chilly-Hilly, the first official bike ride of the season. I soon discovered that these events were the early signs of good weather, and longer days, precursors to the new cycling season.

I also discovered that cyclists in the Northwest are lucky to have one of the strongest cycling communities in the nation. This community comes together to promote, produce, and participate in a variety of cycling events throughout the season. As the 2002 season begins, there are

See "Another Season" on page 3

## Two State Racing Organizations Worth Joining

By SARAH GRINNELL

If you've ever thought about pedaling in the fast lane and seeing what your really made of on a bicycle and you live in Washington or Oregon, then there are two organizations that can cater you into the fast lane.

### Wanna Race in Washington?

The Washington State Bicycle Association (WSBA) is a statewide, non-profit organization, which enables individuals and groups in promoting bicycle racing events throughout the state. "WSBA is designed to make racing better and easier in Washington State," says managing director of WSBA, David Douglas, "We want to keep racing alive in Washington." To promote an event with WSBA, all that is needed is a payment of \$1 for every rider that is registered and WSBA will provide all the equipment needed to put on a high flying bicycle race. The equipment includes radios, for

communication between race vehicles, photo finish camera for accurate results as well as course and safety signage.

Never heard of WSBA? Don't sweat it. WSBA has been an organized racing supporter in Washington for years, but in the last ten years or so has changed management and been unable to promote their services as readily as they would like. As of 2002, WSBA has around 850 members and helps to promote about 80% of all road races in the state of Washington. Three volunteer staff, who annually organize, coordinate and distribute a year's schedule of quality racing, run the organization.

So if you want to race, but don't know how to be entered into a race within Washington, all you need to do is some training and a membership to WSBA. The membership cost is \$10 and includes your own racing number, which is good for

See "Obra" on page 6

## Summer Blast

By SARAH GRINNELL

This June will mark the 8th annual Tour de Blast bicycle tour, located at the base of one of the most destructive volcanic sites ever recorded in North America. The ride will take bicyclists through the blast zone of Mt. Saint Helens, for a choice of a 33-mile, 67-mile, or 82-mile bike trek. It's not called a Tour de Blast for nothing.

Beginning anywhere between 6:30 a.m. and 10 a.m. on June 15th, the Tour de Blast eases its bicyclists down a level 10-mile first leg, passing some of the most severe volcanic mud flow deposits ever. Bicyclists will then take the Kid Valley Bridge, the only surviving bridge from the eruption, the once buried A-frame house, now made snack shack, to the new edition of the highway leading to Mt. Saint Helens. Then the tour will burrow into the actual blast zone, where 230 square miles of timberland was completely flattened by the power of the 1980 Mt. Saint Helens eruption. By the end of this truly awesome tour, of what was once the sight of sheer disaster, riders will gaze, from 4,200 ft above sea level, into the source of destruction - the crater of Mt. Saint Helens.

Due to the pleasant but unpredicted turnout of an extra 300 riders on the day of last year's Tour de Blast, many people were less than satisfied when the promoters ran out of food, and drinks for the riders. In order to alleviate the problem, this year's Tour de Blast will take a slightly different angle to planning for the

expected amount of riders. Tom Deutch, Tour de Blast spokesperson, says that this year will be different because they will be better prepared "It is a climate dependent ride, so if people see it's nice out, they will come out on the day of the ride," says Deutch, making predictions of the amount of riders to prepare for sometimes difficult. Getting ready for the 2002 edition, the event staff, namely the volunteer staff from the Longview Rotary



Club, are limiting ridership to 1,200, extending early registration to June 10th, varying the snacks at each rest stop, posting weather forecasts along the tour's distance, and improving their website capability for easier registration.

Deutch says, of the Tour de Blast event, "every dime we make goes back into the community, so we want to make it a positive experience for everyone." Organizers of the 2002 Tour de Blast assure that the shortages will not occur again, and they encourage everyone interested to check out their web site for more information.

In past years, the Rotary Club of Longview has donated the money raised through the Tour de Blast to enhancing the lives of children - whether that be purchasing new playground equipment for parks, or awarding scholarship awards to students for college - and they would like to continue help out the next generation.

Registration and additional information on Tour de Blast available at [www.tourdeblast.com](http://www.tourdeblast.com)



## Washington Cycling Community Mourns the Loss of One of Their Own

Susie Stephens of Winthrop, Washington died on Thursday, March 21 in St. Louis, MO, according to St. Louis-based KMOU.com who first reported the news. The St. Louis police confirmed that Stephens was struck by a tour bus, while crossing a downtown street on her way to a conference on innovative approaches to transportation. She was pronounced dead at the scene.

Stephens who started a consulting business last year was best known to the Northwest cycling community for her role as Program Manager of Northwest Bicycle Federation (Now Bike) and as Executive

Director of Bicycle Alliance from 1993-1998. Later, she became Managing Director of Thunderhead Alliance, and was also involved with the National Center for Bicycling and Walking. "Susie was a passionate advocate for bicycle and pedestrian safety," says Barbara Culp, Bike Alliance Executive Director, "She instilled her enthusiasm to others".

Our condolences go out to the family and friends. Bicycle Paper will be running an article about Susie's accomplishment in a future issue.



## Bill honoring Spokane cyclist passes Senate

Cooper Jones had Olympic dreams, but they were cut short when a car fatally struck the 13-year-old Spokane cyclist as he competed in a race in 1997.

On February 15th, the state Senate honored Jones' legacy with the passage of Senate Bill 6248, sponsored by Sen. Ken Jacobsen, D-Seattle. The bill would allow for the creation of special Cooper Jones license plates and proceeds from the sales would help fund the state's bicycle-safety program. "The best way to commemorate Cooper Jones is to prevent future tragedies from happening," says Jacobsen.

Cyclists statewide have repeatedly expressed a desire to support the state's bicycle safety efforts. A license plate would provide a method to finance these programs and give people a way to express public support for increased safety.

Sen. Lisa Brown, D-Spokane, who co-sponsored the measure, thanked the cycling community for its efforts in bringing the bill to life. The measure now moves to the House of Representatives for its consideration.

For additional information contact Johan Hellman, Public Information Officer, Washington State Senate at (360) 786-7333.



## The 2002 Tour of Willamette Cancelled!!

Reprint from Tour of Willamette web site

It is with great regret that I post this unpleasant announcement: The 2002 Tour of Willamette, scheduled for April 9 -14, is cancelled.

It wasn't for lack of effort or interest, however, as many volunteers contributed hours of time and energy since last year's breakthrough event - and many more were in place to assist during the race.

Our steadfast presenting sponsor, KMTR NewSource 16, had again pledged more than \$100K in airtime for TV publicity and race coverage across the Ackerley Group of stations. An agreement had been forged with the Outdoor Life Network (OLN) to bring the Tour to fans across the nation. And rider interest was at an all-time high.

While we have the infrastructure and volunteers ready and willing, the Tour of Willamette remains far from adequately funded to present a top quality and safe event for competitors, the community, and committed followers.

Because, in the end, it comes down to the very real fiscal issue of corporate sponsorship support to make an event such as the Tour a reality. And the economic downturn of recent months wreaked havoc not only with the sponsorship budgets of businesses here in Lane County, but with those of companies from around the country.

The considerable expense of producing this USA Cycling National Racing Calendar event has grown faster than sponsorship commitments. I truly wish that my personal cash reserves were sufficient to underwrite a portion of the event for yet another year, but I simply do not have the means to do that in 2002.

I offer my sincere apologies to the racers, fans and faithful supporters of the Tour of Willamette. I have been involved with the Tour, either as a competitor or race organizer of each of the 22 previous years of this wonderful event and I too, am saddened.

But not beaten. We are moving forward even today with a commitment to bring the Tour of Willamette back in 2003 better than before.

So, any and all interested in helping the cause, please contact me at (541) 302-1570, and we'll see you next year at the race!

Sincerely,  
Larry Smith  
Race Director  
Tour of Willamette  
[llsmith@veloski.com](mailto:llsmith@veloski.com)



### Correction:

In the March 2002 issue - the article titled "Flat happens! A survival guide to road side repair", we misspelled the name of the author Mr. Phil Meyer. Bicycle Paper apologizes for the mistake.

## Trail Care Crew Program Seeks New Team

IMBA, the International Mountain Bicycling Association, is looking to hire a full-time, professional two-person team for the highly successful Subaru/IMBA Trail Care Crew program. This position requires a passion for mountain biking, excellent communication skills, a basic knowledge of trail work and team compatibility.

Directed by IMBA, the Trail Care Crews work with IMBA-affiliated mountain bike clubs, land managers, and other trail user groups to

solve trail management challenges and improve trail conditions and trail experiences for everyone.

For a complete job description or more information visit <http://www.imba.com/tcc>.

Send your resume and a cover letter to Jody Flemming at [jody@imba.com](mailto:jody@imba.com) or to IMBA, P.O. Box 7578, Boulder, CO 80306 USA by Wednesday, April 10, 2002. The selected applicants will start work in May.



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# BICYCLEPAPER

Volume 31 • Number 2  
April, 2002

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**Associate Publisher/Editor** Claire Bonin  
**Editorial Intern** Sarah Grinnell  
**Graphic Design** Rick Peterson  
**Publication Design** Joe Zauner  
**Illustration** Quentin Little  
David Wray  
**Writers** Claire Bonin  
Paul Clark  
Cycling BC  
Sarah Grinnell  
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Mark Lansing  
Catherine McFhee  
Eric Moen  
Jay Stilwell  
Shawn Thompson  
**Photography** Michael Adamson  
BC Images/Gord Wylie  
Bicycle Paper  
Chaton  
Christine Ficker  
Quentin Little  
Rick Peterson  
Sylvie Raymond  
**Consolidated  
Printing  
Distribution** Melanie Torvi  
Jack Clark

Bicycle Paper is published 7 times a year, March to November by Bicycle Paper. Write to 68 South Washington St., Seattle, WA 98104.

Phone 206.903.1333 or toll free 1.888.836.5720, fax 206.903.8565, email editor@bicyclepaper.com.

Subscription is \$14 per year; \$26 for two years.

#### POSTMASTER

Send address changes to:  
Bicycle Paper  
68 South Washington St.  
Seattle, WA 98104

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## FEATURE

### ► "Burke-Gilman" from Page 1

pedestrians. Thus, the planning behind the Burke-Gilman trail, as we know it today, was born.

As of 2002, the Burke-Gilman/ Sammamish River path discontinues, near the Ballard Fredmeyer on Leary Way, where travelers along the Burk-Gilman trail are forced to fend for themselves against automobile traffic.

#### The Newest Edition

In the past year, Seattle Transportation has proposed a mile and a half extension, which would reach out to the beaches of Golden Gardens. According to these new plans, bicyclists and pedestrians will be able to travel from the Ballard Locks to Golden Gardens via the Burke-Gilman Trail. The construction of this extension will be built in two stages. The first stage, to be implemented from the Ballard locks to NW 60th, is due to begin fall 2002 and construction of the second stretch of the Burke Gilman Trail, from NW 60th to Golden Gardens, is slated to begin roughly a year later. When it is finished, the Burke-Gilman/ Sammamish River trail will wind its way through 44.5 miles of the Pacific Northwest - From Magnuson Park to Golden Gardens.



Where it all ends...for now!

Photo by Chaton

#### The Missing Link Controversy

What happened to the last half mile? And when will that last half-mile, which would complete the much loved Burke-Gilman Trail, be constructed you might ask - nobody knows for sure. Senior Project Manager for Seattle Transportation, Scott Roberts, hopes to fill the gap by the end of 2004, "but that is a very rough estimate," he says.

Bicycle advocates are pushing for the gap on the Burk-Gilman Trail to be filled. This missing link is a concern for local bicycle advocates because, "right now cycles are getting dumped down by Fred Meyer, with no direction" says Louise McGrody, bicycle advocate of the Bicycle Alliance. "It's a very big issue that has been advocated for a long time," she says.

To bicyclists and pedestrians, the issue of the missing link is an issue of safety. "It's nice because you don't have to worry about traffic. It's safer than riding your bike in traffic and can be faster than driving your car to work," says Rebecca, a 5-year resident of Seattle who uses the Burke-Gilman trail to commute to and from work.

For Seattle Transportation planning committees, however, the issue comes down to being able to compromise with an unbreakable contract between the City of Seattle, Ballard business owners and, ironically, the local railroads. Only three years ago, train lines that now run through this half-mile stretch of the industrial Shilshole corridor were abandoned and the Burk-Gilman Trail could have been constructed right onto the track lines. Now, however, two businesses in



Photo by Chaton

One of many of the daily commuters on "The Burke".

Ballard have purchased a 30 year contract to use these tracks from the City of Seattle - putting a cramp in the planning process of the Burke-Gilman's missing link for the next 27 years, forcing the planning committee to come up with more alternative plans.

Proponents, who wish to see the Burk-Gilman trail finished, say that there is room for the train traffic and the urban trail traffic to co-exist and studies have shown that the accident occurrence of urban trail crossings over major traffic intersections are minor. The planning of this missing link, however, will ultimately be up to Seattle's city counsel, but this - only after a series of design studies, and state and community meetings - may take over a year to progress.

For more information about the newest extension of the Burke-Gilman Trail or the missing link planning process, visit <http://www.cityofseattle.net/td/bgtrailext.asp> or call 206-684-ROADS.



## OPINION

### ► "Another Season" from Page 1



By Jay Stilwell  
Bicycle Paper  
publisher

over 800 cycling events to choose from for all ages and abilities. It is shaping up to be one of the best seasons for cycling that we have seen in a couple of years. Bike shops are reporting that sales are up, and many people are returning to the sport after taking a couple of years to try other sports. Apparently, I am not alone in discovering a renewed excitement for the sport. Our reasons for getting back on the bike vary, from wanting to get in shape to feeling guilty about that nice bike sitting in the corner, gathering dust. Whatever your reasons for not cycling, NOW is the time to commit to it again.

With the beginning of this new season, I propose to our readers to get involved, make a difference, and ride your bike. I challenge anyone reading this article to commit to three cycling activities this year. Whether as a participant, a volunteer or a spectator, there are plenty of activities to choose from and there are several that fit your comfort level and abilities. If all of us can commit to be involved in the sport that we love, then others will see this commitment and maybe they too can discover the joy of cycling. This is how the sport grows and continues, without our participation, we will find less events and activities as events scramble to find participants. More events, more people, more fun, it all begins with a commitment to get involved.

So here it goes, as part of my commitment

for this season, I will list in print the three cycling activities that I plan to participate in this year.

1. Courage Classic - I better start training, three mountain passes and lots of food.
  2. Commute to work by bicycle - two to three times a week
  3. World Cup at Grouse Mountain - as a spectator, to enjoy world class mountain biking.
- As you make your own list, which I encourage you to do, think about what cycling means to you and then renew your commitment to the sport. I would encourage you to contact me at [jay@seattlepub.com](mailto:jay@seattlepub.com) and let me know your ideas about how you are planning to spend your season cycling.





## Chain Wear

By SHAWN THOMPSON

As spring approaches and we begin to experience the first days of warmth, many of us look toward our bicycles with a renewed sense of excitement, only to see that we need to do some serious work. If you haven't ridden through the winter, then chances are you never tuned your bike after all those miles. If you've ridden through the winter, then chances are your bicycle barely resembles what it is supposed to look like. The first thing to do is to brush away either all the cobwebs or road grime. Pay particular attention to the chain. This is one of the most important components of your bike; without it, you go nowhere. Everything about enjoying your bike directly or indirectly leads to your chain.

One of the most common things I see when working on bikes is chain neglect. Many cyclists do not realize that chains wear over time and can lead to a variety of problems including poor shifting, chain-suck, and premature wear of other drive-train components. I will try to explain in the simplest terms what happens when a chain is worn.

When a chain is worn, it is considered to have "stretched." What happens is that over time, as the chain wears, the area around the bushings becomes eroded. As this happens, the distance between the links gets larger.

You can tell if your chain is worn by two main procedures. One is with a tool called a chain checker. Your local bike shop will have one and will be glad to tell you if your chain is worn. They are available to purchase for

approximately \$25-30. The tool has two pins that fit in between a series of links and measures the distance between the bushings. As it measures the gap between the series of links, it will tell you to what extent your chain is worn. It could tell you that your chain is fine. It could tell you that your chain is worn and could be replaced. Or lastly, it could tell you that if you do replace your chain, you had better replace your rear cassette or gears as well. (We will discuss this later.)

The second way to measure the wear of your chain is by using a ruler. Using the center rivet/pin on a link, measure 12 inches. It should line up with the center rivet/pin exactly 12 links away. If it measures past that, then it is considered worn. If it measures 1/16 of an inch past, the chain can be replaced by itself.

If it measures to 1/8 of an inch past, then both the chain and rear gears need to be replaced together. (There are different opinions on this method. This procedure was taken from the website listed below and seems to be the most users friendly.)



Use a ruler to measure the wear of the chain.

If my chain is really worn why do I need to replace the chain and the rear gears? As a chain wears, it wears on the teeth of the gears as well. When the two are brand new, the distance between the links mates

perfectly with the gears in back as well as your chainrings. As the chain "stretches" it will no longer line up properly and begin to wear on the teeth. After a certain point, a new chain will no longer mate properly with the teeth because they have been worn to mate properly with the "stretched" chain. A new chain will "skip" or "jump" under pressure if installed on a worn rear cassette/gears.

It is of my opinion that a cyclist has two different choices when it comes to chain wear. They revolve around rider personality type. If

you are a person that maintains your bicycle regularly, then check your chain wear and replace it periodically before it wears the gears as well. If you are horrible about maintaining your bicycle, then don't worry about it. Let your chain wear and let it wear the gears as well. Once it gets to a certain point (you will know when that is) replace both at the same time, then start over. The cost difference between the two choices is going to be fairly similar depending upon your situation. Of course, this is a general statement and there are quite a few exceptions, different riders require different levels of maintenance.

There are many different variables that lead to chain wear. There really is no way to gauge how long a chain will last by mileage. The best thing you can do is buy a good quality chain, and keep it clean and lubed. The chain will affect the front chainrings of your bike as well, but that is a whole different story.

For further information, go to your local bike shop or check the web. A great site about chains is [www.sheldonbrown.com/chains.html](http://www.sheldonbrown.com/chains.html). Good Luck!!

Shawn Thompson is the Service Manager at Old Town Bicycle in Gig Harbor and Tacoma. Contact him at: 6820 Kimball Dr. NW, Gig Harbor, WA 98335 253-858-8040 [www.oldtownbicycles.com](http://www.oldtownbicycles.com)



## HEALTH

## Under Pressure

By ERIC MOEN PT, CSCS

Reprint from the August, 98 Bicycle Paper.

I distinctly remember my first 25 mile ride. The memory that is most vivid is the likeness of sitting on a 2x4 board. It's funny that the accomplishment of the ride was not foremost on my ride. Pain and discomfort are memorable occurrences that can hinder your return to the sport. Sometimes the issues are as simple as a lack of training but there may also be biomechanical issues that should be rectified in order to minimize potential injury.

The three contact points between you and your bicycle are your hands, feet and bottom. The injuries that will be discussed are primarily "crushing" in nature. In other words, injuries that occur from induced pressure that exceeds your bodies ability to cushion the load. Pressures can be acute or chronic. Acute tissue loading might include things such as hitting a tree. Chronic tissue loading includes events such as pain or numbness from any of

the three contact points following a long ride.

Most pain issues can be attributed to either training issues or bicycle fit. I'd like to discuss a few.

### Hands

Hand pain is somewhat common for various reasons. Occurrences might include, but not be limited to, irritations of the ulnar or median nerves. Nerve irritation produces symptoms such as numbness, ischemic pain, and motor weakness. Equipment needed to minimize compression of the hand at the handlebar includes good handlebar tape or grips, well-fit and cushioned gloves, and the availability of multiple positions for the hands on the bars (e.g. bar ends on a mountain bike). Common bike-fit errors that encourage hand problems might include: the nose of the saddle tipping down and forward, handlebars too low, stem too short or too long, brake levers too large for the hand, and having only one hand position on the bars.

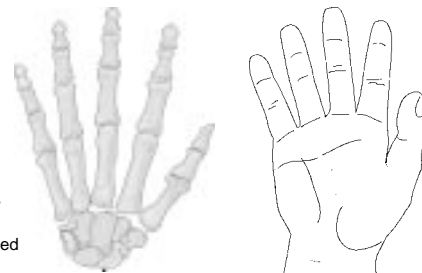
### Feet

Complaints from the feet are commonly tied to shoes that fit improperly or plainly improper shoes. "Hotspots" at the metatarsal heads and arch pain are the most common complaint with the feet. Reasons for these may be explained through improper support of the foot's bony and ligamentous structures over time. Cycling shoes are notorious for having poor "beds" for your feet to rest upon. They are often plain, flat inserts to cover the last of the shoe. They do very little to support the structures

of the foot. Not all feet are created equal. Some feet do very well with minimal support while others suffer. A good start to minimizing foot discomfort is to start with well-fitted bicycling shoes and a custom footbed or orthotic for the irregular foot. Bicycle-fit issues include ensuring that the meta-tarsal heads are positioned over the pedal axle, and that your knee is correctly aligned over the foot.

### Bottom

A sensitive subject. Compression issues here include tissue degradation (sores from shearing or axial loading) and inflammation of neurological and vascular components. The two most common irritants to these issues are excessive saddle height and improperly fitted saddle. The runner-up to this biomechanical challenge is excessive elevation of the saddle nose. All of these issues are easy to correct. Not all butts were created equal. I would encourage you to find a saddle that best suits your anatomy and then (like a good pair of running shoes if you run a lot) buy an extra. Models are often discontinued. All the recent talk about chronic saddle injuries of late has spurred the market to provide many new, innovative saddle designs. There will be one out there that fits you best. A simple check for excessive saddle height (not always the best) is to place your heels on the pedals and pedal backwards. If you have to rock your hips to move through the entire pedal-stroke, the saddle is probably too high. A note should be made for bicycle shorts. A good chamois is



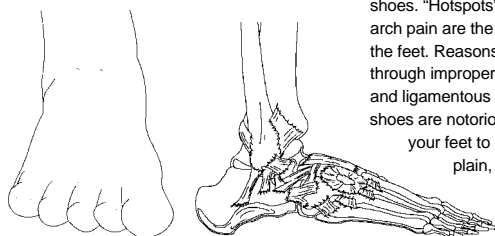
invaluable for numerous reasons. Bicycle shorts were made to be worn just as the shorts, no undergarments. Common undergarments have seams and ridges that can cause undue abrasion and "hotspots." Hygiene should be considered but this will be the topic of a future article.

### Conclusion

Make your rides memorable for the right reasons. If you have pain, there is most likely a cause and a cure. Bicycling can be a pain-free activity. Utilize your local qualified professional to help create a comfortable ride.

Questions regarding this article may be addressed to myself, Erik Moen PT, CSCS at:

206-526-1719  
PT479@juno.com  
301 NE 100th St. Ste 100  
Seattle, WA 98125



# Ride, Wine & Dine the Okanagan Valley

By CHRISTINE MCPHEE

Need a break from the spring rains? Why not head for the border? The

Canadian border! In the Okanagan Valley, British Columbia, May brings sunshine, apple blossoms and the Okanagan Spring Wine Festival. One of the most exciting festival events of recent years has been the Okanagan

Tour deVine, a weekend of guided cycle touring in a landscape of bench lands, lakes, orchards and vineyards. This year's event takes place from the 3rd to the 5th of May.

Now famous for the quality of its wines, the Okanagan has long been a summer vacation Mecca, but spring is an equally wonderful time to experience its unique and stunning landscape. The Okanagan Spring Wine

Festival started eight years ago. After years of success with the fall festival, organizers decided to mount a May festival where visitors could enjoy fabulous B.C. wines surrounded by the beauty of spring in the Okanagan. With the apple trees in full blossom, and the temperature perfect for cycling, you can join the Tour deVine guides for a variety of rides that take you to several of the local wineries.

Penticton, a charming little city set between two big lakes, is the starting point for all the rides. With plenty of accommodation, ranging from a hostel to five-star hotels and a surprising variety of great restaurants, Penticton is a great place to spend a few days. Less than a day drive northwest of Seattle, the Okanagan Valley makes an ideal short getaway.

Designed for cycling enthusiasts, each Tour deVine tours covers about 25 miles (40 km). They take place at a leisurely pace, with stops to tour several wineries and enjoy a catered lunch. There are opportunities to sample and purchase award winning local wines while learning from the experts about the techniques of wine making. Four recreational tours named for the wines they celebrate are offered. They all start and end at the S.S. Sicamous, a retired paddle wheeler, situated on Okanagan Lake beach, which is one of Penticton's historical landmarks.

## The Pinot Blanc Tour

It begins with a shuttle out to Hawthorne Mountain Vineyards in Okanagan Falls. After a visit to the wine shop the group cycles along Willowbrook road to the town of Oliver, stopping along the way at some of the wineries which include: Inniskillin, Gehringer Brothers and Tinhorn Creek for tours and purchasing opportunities. A catered lunch is served at one of these stops. This tour, through the lovely bench lands of the South Okanagan, takes place on paved back roads flanked by orchards and vineyards.

## The Pinot Noir Tour

A wonderful opportunity to cycle along the rail bed of the historic Kettle Valley Railway. This tour first winds its way along scenic Naramata Road to the Red Rooster Winery. After a tour, a shuttle takes riders up the steep climb of Smethhurst Rd. to Nichol Vineyards. Stopping first for another tour, the group then begins the ride along the rail bed to Hillside Estate Winery. The rail bed cuts across the mountain side, with spectacular views of Okanagan Lake and the bench lands of Naramata and is a gentle 2% downward grade on a flat gravel surface. At Hillside Estate Winery, cyclists can enjoy a catered lunch and another winery tour. The trip finishes up with the ride back along Naramata road and a final stop at Benchland Winery.

## The Chardonnay Tour

Start with a ride along Naramata Road, stopping first at the Poplar Grove Winery then continuing on to Hillside Estate Winery, where lunch is served. Following Naramata Road north, additional stops include Lake Breeze Vineyards, Elephant Island Orchard Winery, and Red Rooster Winery before going down into the lakeside town of Naramata. At the Naramata Yacht club, cyclists board the Casabella Princess, a forty-eight-passenger paddle wheeler, for a ride across Okanagan Lake. Hopping off at the Shaughnessey's Cove Boat Launch, the tour continues up to the Sumac Ridge Estate Winery and after a

tour, rides along the shore of Okanagan Lake back to Penticton.

## Riesling Tour

The last of the four recreational tours offered is the Riesling Tour. This tour starts on the West side of Okanagan Lake, riding out to the Sumac Ridge Estate Winery with a stop at Sunoka Beach Park. After lunch at Sumac Ridge, the tour continues to the Shaughnessey's Cove boat launch where everyone boards the Casabella Princess to cross the Okanagan Lake. From the Naramata Yacht Club, the tour then heads along Naramata Road, stopping at Red Rooster Winery, Lake Breeze Vineyards, Hillside Estate Winery, Poplar Grove Winery and/or Benchland Winery along the way.

All four tours run on both Saturday and Sunday. The various packages include local guides, informative tours of several wineries, a catered lunch, support vehicles, transport of wine purchases and entry into the Wine and Cheese Reception. All these tours are can also be modified to meet the level of riders in each group of 15.

## The Merlot Tour (Century ride)

Available on Saturday only and a fundraiser for the Canadian Cancer Society, this tour is designed for the athlete or trained cyclist. This approximately 60-mile (100 km) tour along winding secondary highways, through the spectacular South Okanagan, is a hard to beat opportunity for some outstanding cycling. Test your mettle on this challenging ride or take it easy and visit any or all of the wineries on route.

## And much more...

You like the tours but would like to see more cycling action? Enter the Sunday Tour deVine Willowbrook Classic 2002. This fun road race event takes place on back roads in a country setting on a 6-km course, which is mostly flat with rolling sections.

Plenty of après cycling events are available as part of the Okanagan



Photo By BC Images/Cord Wylie

Riding along the scenic roads of the BC Okanagan.

Spring Wine Festival. Teaming up with the Wine Festival is the Western Canadian Culinary Arts Festival and together they offer a fantastic assortment of food and wine pairings at various venues throughout the valley.

With great wines, great food and great cycling the 2002 Okanagan Tour deVine promises to be a weekend well spent!



### For additional information on Tour deVine 2002 contact:

Okanagan Tour deVine - Information:  
www.tourdevine.bc.ca or  
toll free 1-800-663-1900

Willowbrook Classic - Road Race:  
Pat Buchanan at (250) 493-2167 or  
www.tourdevine.bc.ca

Festli Society - wine festival events:  
www.owfs.com

need to know where to go?

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# The Little Brother of Rides

By MARK LANSING

The beauty of Southern Oregon cycling is the sunny climate. The Prevailing Westerly fronts rolling off the Pacific Ocean make rain in the Willamette Valley but only scattered clouds in Southern Oregon. For those of you coming from great distances, make it a weekend or a week venture, the Eugene area offers many great riding options.

Here's a road ride that's only two-hours drive from Eugene into the true Banana Belt of Oregon. Try this trainer in early spring or late fall when the weather is shaky up north. Chances are good the Little Brother's crown sits in sunshine (and if you want to be sure there's a weather break down here, call 541/471-9239 weekdays and somebody will tell you). This ride is also easy to find and follow.

Depart Interstate 5 at Exit 66, 10 miles north of Grants Pass and 135 miles south of Eugene. Hit the stop sign and voila, you are on Monument Drive. On your left is a place to park. Get out of the car, get on the bicycle. Very good. Made it this far, you've done the hard part.

Excellent chances you will not get lost because the river canyons Little Brother follows leave few paved alternatives to the main route. 45 miles is a long way, I know-but you'll be loving the next few hours, and, face it, driving sucks. Yeah, you've done the hard part.

• Go west (i.e. right) on Monument Drive 1.5 miles, veer right on Pleasant Valley Road (just before the hill), go another 3.5 miles til Pleasant Valley tees into Merlin-Galice Road, go right again and, voila, you've successfully completed two of the five turns on this ride. Like I said, great odds of not getting lost.

You are now in downtown Merlin. Don't blink.

• From Merlin, ride Merlin-Galice Road west (and circling north) to the following beautiful places (all distances are measured from Merlin).

• Six rolling miles to Hellsgate Canyon and Bridge. The route descends to and crosses the Rogue River here. Ever-popular Indian Mary Park is just around the corner.

• 11 miles to Galice. A resort destination for people from all over the planet, this tiny community offers a store, a restaurant, a

variety of overnight accommodations, and premier access to the Rogue River's recreation opportunities. On a hot summer day never-ending streams of inflatable craft cross before your perch on the restaurant deck as you wait for lunch. (One option for those who want a shorter ride would be to drive to Galice, do an "out and back" from Galice to Grave Creek Bridge, and then stop at the resort when the work is done.)

• 18 miles to Grave Creek Bridge. As just suggested, the seven miles from Galice to this bridge are worth repeating. A road cut into high cliffs, roaring cascades below, and you buzzing along on your trusty steed. Say "Ahhh."

Remarkably, the best is yet to come. Roll across the bridge and continue right on Lower Grave Creek Road; I haven't counted this as a turn because it's the only paved alternative.

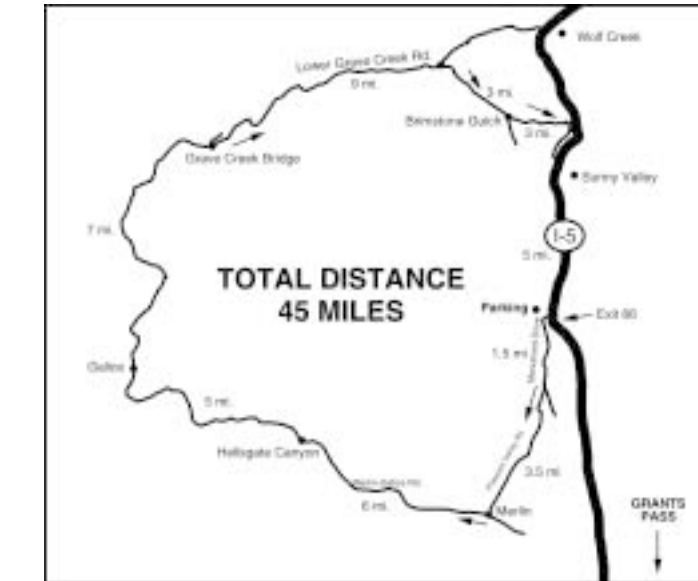
(Side note: As you cross Grave Creek Bridge, on your right you can see where Grave Creek meets the Rogue. On your left is the last good boater access for 40 miles downstream-in between is the Wild and Scenic Rogue, a designated section of the river protected from overuse by government regulation, at least in theory. Permits for the three-day float are hard to come by. You can walk the 40-mile trail that parallels the water, though this isn't as cool as running the river, a river made for a float.)

Between Hellsgate and Grave Creek Bridges, the way has been relatively flat. It gets hillier the 15 miles from here to Sunny Valley-an overall elevation again of only 500 feet, but lots of descents in the middle. What goes down must come up.

And this is a twisty bomber of a road, unpaved until 1995, single-lane Euro-cliffhanging at points, open stroking next to Grave Creek at others.

There are also two climbs, each a kilometer long, each of which leaves one gasping literally and figuratively. The price you pay for riding on really cool roads like this, the wages you earn.

• Nine miles from Grave Creek Bridge lurks the Third Turn, capitalized because it's the One You Might Miss. Hurting in a trance downhill and all the sudden on your right is a



little bridge. Time to hit the brakes and swing across it.

The thing is, this is the first paved road coming in from your right since Hellsgate, 21 miles back: How could you miss it completely? The other thing is, if you missed this turn, you'd just end up in Wolf Creek, adding five miles of I-5 travel to your journey. It could be worse.

• From the right turn, it's three miles to a stop sign at Brimstone Gulch, where you go left (the fourth turn on the route-the other direction is a rapid dead end). Another three miles brings you to Sunny Valley, where you can refuel at the store on the other side of the underpass before taking I-5 back to your car.

• As I-5 comes into view, the road forks. The interstate's off- and on-ramps are on your right, which is the direction I've always gone. The left route goes through a different underpass, which I am told continues across a covered bridge before looping back to I-5, adding only a mile in the process. You might want to try that option.

• It's a mere five miles on I-5 back to Exit 66, but the two-mile ascent to Mt. Sexton Summit is the toughest climb on the route (if you drove from the north, you remember this climb,

having driven it on the way in). This is where the tired people urge their stronger pals to go get the vehicle(s) while the tired people wait, sipping tall cold ones at the Sunny Valley store.

I've seen fast climbers buck that 5 miles in 15 minutes-they'll be back (toting the car) in a heartbeat.

Not to say the I-5 portion of the Little Brother should intimidate folks-the shoulder is wide and smooth. Nervously anticipated confrontations with semi-trucks rarely materialize. There's room for everybody out here.

**Additional note:**

*Riders driving from (and returning to) the north could shave time by starting and finishing in Sunny Valley. But the route rides better clockwise, and to begin with the Sexton Climb is to treat one's body unkindly.*

Mark Lansing hangs out with the Little Brother every chance he gets. His email address is lansingatlaw@rvi.net.



FEATURE

► "OBRA" from Page 1

about 90% of all racing within Washington. WSBA is a non-profit organization, so the membership fees and money that is raised during promoted events all goes back into buying equipment for future races. For more information on this racing organization, or if you would like join WSBA visit [www.pazzovelo.com/wsbaweb.htm](http://www.pazzovelo.com/wsbaweb.htm).

**Attention Oregon Cyclists**

Compared to Washington State, bicycle racing seems to attract a larger crowd in Oregon. Helping in about 99% of all road races within Oregon, the race promoting

organization who calls themselves the Oregon Bicycle Racing Association (OBRA) dominates the Oregon race promotion by being an independent organization and giving their members a more economical membership price than the national federation. Formerly governed by the United States Cycling Federation (USCF), OBRA was dissatisfied with the lack of local attention and broke away from the USCF in 1998 to "promote and increase the number of events and racers within the state," says administrative director Candi Murray. She says that since the secession from USCF the membership of OBRA has, "swelled to the highest level ever."

OBRA, also a non-profit, volunteer organization, supports about 1,800 members from the

Oregon state racing community. Unlike WSBA which support only road racing, OBRA supports road and track racing, as well as mountain biking, and cyclocross racing. A membership with OBRA costs \$15 to \$20 (depending on what types of racing you are interested in) and will provide a racing number, plus a subscription to the local cycling paper in Oregon.

If you're looking to promote an event in Oregon, OBRA charges \$1 per rider for the use of their equipment, media contacts, mailing services, and advertising assistance. For more information on this organization or if you would like to find out how to join OBRA visit [www.obra.org](http://www.obra.org).



Photo by Michael Adamson

Be part of the northwest road racing picture this summer.



# What's Coming Up in BC this Season

By CYCLING BC

With BC just to the North, and well, the exchange rate so fantastic, it's great to get an idea of what they have planned for the 2002 cycling season. Suffice it to say that if you have been thinking of taking a trip up that way, this may just be the time to do it. With a packed off-road calendar, an impressive SISU Road BC Cup Series, and the personal challenge offered by the grueling Rocky Mountain 1200 and other Brevet events, the coming season is looking second to none.

## What's going on off-road:

Off-road enthusiasts are going to be busy this season because every weekend is booked solid. The season runs from the first weekend in May right through to mid-September, with both old favorites and new events filling the calendar. "We are thrilled with the amount of races we have going on this year, and with the number of organizers interested in hosting events. No other province in Canada has a schedule like this," says Candace Shadley, the Off-Road Technical Director for Cycling BC.

The province is gearing up for a huge international event, the triple World Cup at Grouse Mountain, as well as three key national events, a Canada Cup at Silverstar in Vernon, the Canada Cup Finals in Fernie, and the National Championships at Sun Peaks in Kamloops.

The provincial mountain bike series, the Off-Road BC Cup, is also lined up with five strong

organizations hosting events, as well as Cycling BC taking on the role of organizing the BC Cup Finals. Scheduled to take place in Kelowna in August, the Finals will offer cross-country, downhill and dual races, along with trials and dirt jump demos, as well as technical skill clinics. Shadley promises that this event holds something for everyone, and offers what is, in essence, fun for the whole family.

Also exciting is a new series of Learn to Race clinics, offered through a partnership between Cycling BC and The Shore Group. A fantastic concentration of talent based right in Vancouver; The Shore Group includes Alison Sydor, Lesley Tomlinson, Elladee Brown, Andreas Hestler, and Andrew Shandro, all past or present national team members. The race clinics will focus on both cross-country and downhill and, since they follow a split group format, welcome participants from entry-level through advanced. "The cycling community is definitely excited about these clinics," says Shadley. "It's not the norm to get world class athletes offering a program like this."

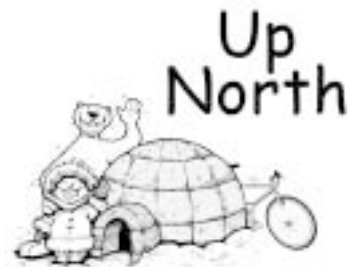
Also on board for a second year is the Shimano Dirt Series, a set of technical skill camps that left 2001 participants more stoked on riding than any of them had ever imagined. 2002 will see six more clinics, all geared toward women of beginner to advanced levels, in five different locations: Victoria, Vancouver, Kamloops, Panorama, and Kelowna. The Series involves ultra-high caliber instruction, great sponsor support and growing partnerships with local retailers.

growing consistently for the past several years, took a huge leap forward last year with the full fledged dedication of returning organizers, and the arrival of Delta as a second municipality committed to road racing action. This year will see six of the top events in BC packaged together to test the power, endurance and season-long strategy, of many of the fastest racers in the area.

Sandwiched between the final two SISU Road BC Cup events, and topping off the Lower Mainland Super Week, is the Gastown Grand Prix. Resurrected after an eight-year absence from the cobblestone streets of downtown Vancouver, the event is sure to draw riders from throughout North America, as well as returning roadies from as far as down under.

Learn to Race Clinics are also offered on the road racing side, with four scheduled in total, two of which are in conjunction with the ever-popular Tour de White Rock, and one which is aimed entirely at youth. Allan Prazsky, Road, Track and Cyclo-Cross Technical Director for Cycling BC, promises that these clinics will provide the knowledge and skill base for any fitness enthusiast to comfortably compete in an entry level road racing event. If you have ever been thinking of taking the wheels to the road, this is the time, and way, to do it.

Cycling BC has just launched a new web site, which boasts heaps of new information and sees updates on a daily basis. Dates, registration details, and essentially more information on all of the road and off-road information above, can be found on their site anytime. Check it out at [www.cycling.bc.ca](http://www.cycling.bc.ca).



## And with the ultra-distance contingent:

The BC Randonneurs will be issuing the ultimate challenge this year described as "1200 kilometers of day and night cycling through evergreen forests and mountain national parks of British Columbia and Alberta." The BC Randonneurs hosts this ultra-marathon length brevet called the Rocky Mountain 1200 every two years. The course starts and finishes in Kamloops and has an 84-hour time limit. If you are up for the challenge, register early as the number of places are limited. For registration and information on other weekly Brevet events presented by the Randonneurs visit their web site at [www.randonneurs.bc.ca](http://www.randonneurs.bc.ca).

So, get ready, load up the car, and head on up to BC. Your racing license works; the events and clinics are waiting, and well, the riding is just superb.



Ian Condron leads the senior men at Gary Lund.

Photo courtesy of Cycling BC

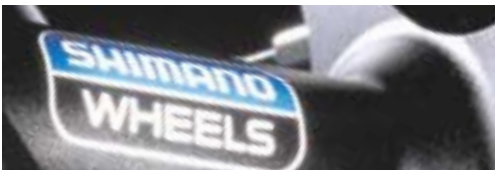
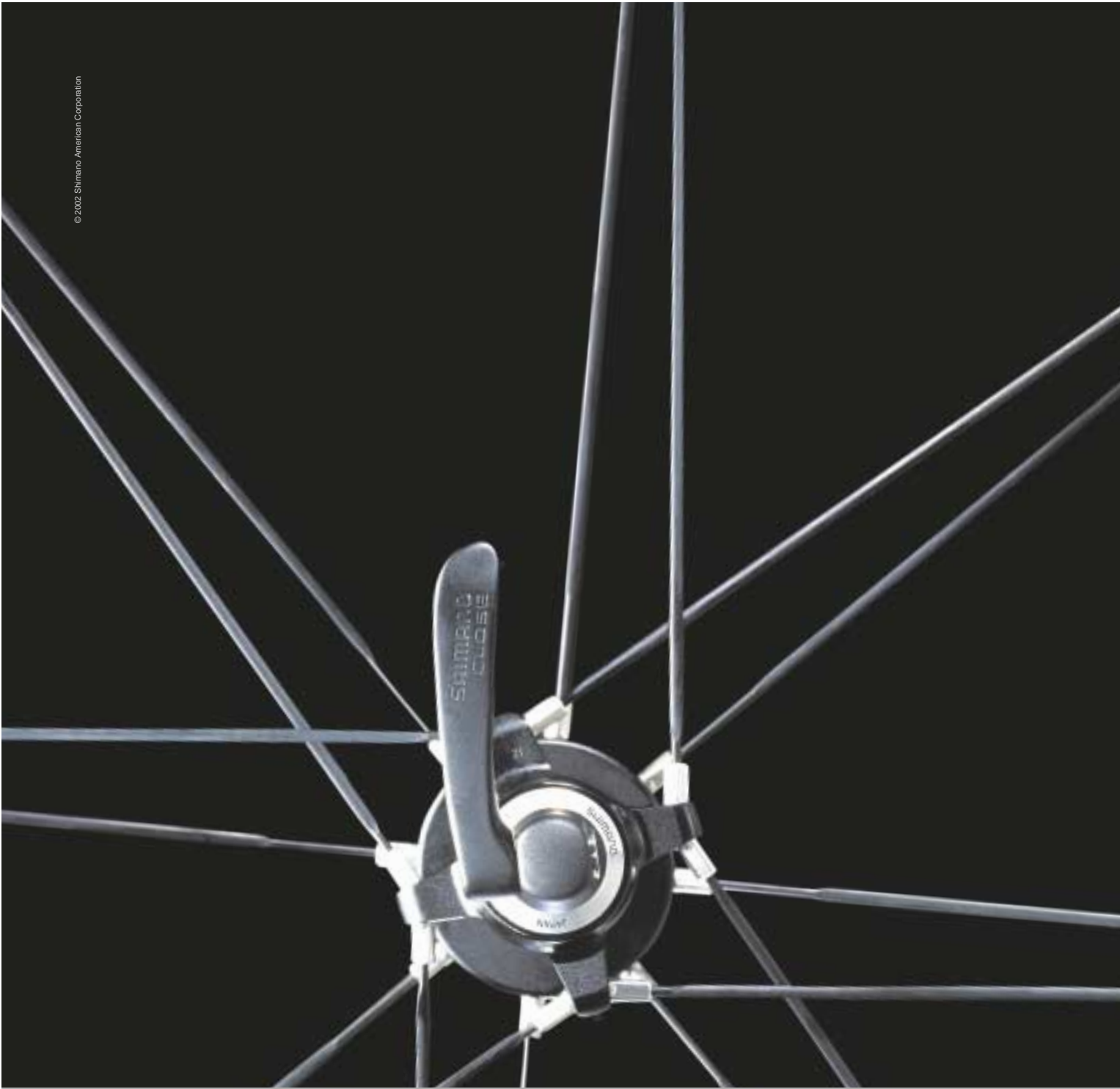
## And on the road:

The road racers are also getting spoiled this summer, this time with the SISU Road BC Cup, the full spectrum of BC Championships, and the Lower Mainland Super Week.

The provincial road racing series, which has been

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# Bike Expo - A Real Season Opener

By CLAIRE BONIN

On March 1st weekend, 10,000 cycling enthusiasts braved the warm and sunny weather to attend the Seattle International Bicycle Expo, which officially launched the 2002 season. Event organizer, Dave Shaw, was extremely successful in attracting new exhibitors and an impressive line up of speakers for the benefit of all show-goers.

World adventure- cyclist, Willie Wier, former, professional road cyclist, Andy Hampsten, mountain bike record man, John Stamstad, and Seattle adventures, John Greengo and Tim Bailey, were the feature presenters of this year's Expo. Andy Hampsten was the crowd favorite, talking about his experience as a professional road racer and answering people's questions about his past and present career. The always-entertaining Willie Wier talked about tales of his cycling travel and long distance touring adventures while answering questions about adventure travel and how to prepare for it. His main recommendation - "plan and prepare but don't over do it, leave room for adventure".

The "how to" seminars were well attended, so much so that an extra Seattle to Portland Bicycle Classic preparation seminar was added to the schedule to

respond to popular demand. Seminars such as recovery training, nutrition, cool weather cycling, and others were very well received by the show visitors. According to Shaw, more of these "how to" seminars will be added to next year's event.

On the entertainment side, last year's crowd favorite, the Flow Riders animated the demonstration area with their incredible mountain bike stunts. The test area was busy with riders trying on new and desired equipment.

Road, mountain, tandem, recumbent, electric bikes, watercrafts, small and large bike shops shared the main floor of the Exhibition Center with health and nutrition specialists, events organizers, tours promoters, bike accessory exhibitors and much more. During the whole weekend, the crowd and exhibitors' excitement was high and contagious.

Everywhere you looked, booths' staffs were busy answering questions, selling products, registering riders for their events; there was a tangible cycling bug in the air. People were happy to welcome the new season.

At the end of the show, Bicycle Paper recognized three exhibitors for the work put into their display area. Hampsten Cycles was presented with the "Class Act Award" for the classiest booth presentation. The effort put



Photo by Chaton

Flow Riders - Entertainment guarantee.

into building a "real" backdrop, the way they showcase their frames and the attention to details made it a winner in the eyes of the selection jury. Phil's South Side Cyclery came second in the People Choice Award race, for most popular booth, but won the "Best of Show Award" recognizing the originality of the booth design. Owner Phil Meyer and his group dressed up their booth with plants and used wooden lather to assist in showcasing their bikes. Finally, the "People Choice Award" went to Courage Classic, who won this voting contest, due in part to the enthusiastic style of event organizer Jeff Randall.

In closing, Dave Shaw and the Cascade Bicycle Club deserve compliments for a very successful Bike Expo. If you missed it, choosing to ride your bike on that sunny



Photo by Rick Peterson

Birds eye view of the exhibitors main floor.

## And the Winner is...



BP Award's winners from top to bottom: Courage Classic's Dean Weller and Jeff Randall; Phil Meyer from Phil's South Side Cyclery and BP's Paul Clark; Hampsten Cycles' Steve Hampsten, Ben Spencer, Julia, Emma, Andy Hampsten and Jim Delara. Photos by Bicycle Paper.

weekend instead, you will have to wait until February 28th, 2003 to share the excitement of a real cycling season opener.



## 30<sup>th</sup> Chilly Hilly Earns an A+ New Features, 3,010 Riders and Many Compliments.



By Paul Clark  
Bicycle Paper  
publisher

The 30th edition of Chilly Hilly included fantastic cold clear weather, enthusiastic volunteers and of course, hills. Traditionally the opening day for cycling in Western Washington, this year's event showcased

some of the best features of a ride Bicycling Magazine has named "One of four classic rides in the nation."

According to ride leaders Chilly Hilly gets a "classic" standing above other rides because it combines a scenic ride with views all around the Puget Sound area; ferry access only for most riders including a bike-only ferry; season opener status; and broad community support.

Veteran Ride Director Jan Paige emphasized Chilly Hilly's popular standing, especially during good weather, because thousands of cyclists all travel to an island for a ride that is very unusual, if not unique. "Unlike many other Cascade Bike Club events, Chilly Hilly is fully

supported with services such as food stops by the Bainbridge Community rather than with groups and services that Cascade brings in," said Paige.

Paige and Event Coordinator David Douglas brought some new features to Chilly Hilly and the 3,010 riders were full of compliments. A new finish line area was the most apparent highlight. "In the past, riders haven't really known when they finish the ride," says Paige. Sponsor booths, support vehicles, tables and portable toilets filled an area she describes as a place to gather, to meet, to enjoy food, and other services. Dozens and eventually hundreds of people assembled around the available services and rested on the grass.

Other changes included logistics and volunteer support from hundreds of people. An ever improved safety net of ham radio operators under the direction of Gene and Fran Underwood patrolled the course while Helpline House and Bainbridge Youth Services volunteers

were posted at all important intersections and at key points on the course. Campfire Girls served hot chocolate, a gymnastics group hosted a chili feed and others worked hard to make sure no rider went hungry.

Shane Hanson, a bike riding Bainbridge Island Police Officer and law enforcement liaison for the ride said the volunteers are key to the event's success again this year. "Things went pretty well this year," he added. "Without the volunteers, including the amateur radio network, the ride would be difficult for us."

The course opened at 8 a.m. and closed at 4 p.m. on Sunday, February 24. Early in the morning, there were very few Bainbridge Island residents on the road except for an occasional coffee or cereal run to the grocery store. According to the morning riders, this was a great time to start the ride. A chartered ferry loaded by Jim Paige carried approximately 1,000 cyclists and left the cars behind at 8:30 a.m., according to Paige.

By 9 a.m., hundreds of riders flowed off the Seattle ferry and the more social aspect of the ride began. "I really feel we covered all the details this year," says Paige, who is now looking forward to next



Photo by Christine Fichter

Why did the cyclists cross the Sound?...to get to Chilly Hilly of course!

year's event scheduled for Feb. 23, 2003. "It's guaranteed to be hilly, chilly and a heck of a lot of fun."



# RESULTS

## Road Race

### Mason Lake #1 March 9, 2002

Category 1-2 Men (60 riders)		
Pl. name	Team	Points
1 R. Moclung	Broadmark	15
2 J. Sundt	Broadmark	12
3 B. Ecker	Recycled Cycles	10
4 T. Farrar	Broadmark	8
5 E. Elken	Broadmark	6
6 D. Richter	Recycled Cycles	5
7 R. Campbell	Broadmark	4
8 M. Hone	Broadmark	3
9 J. Adamson	Recycled Cycles	2
10 T. Mays	Satum of Bellevue	1

Category 3 Men (54 riders)		
Pl. name	Team	Points
1 T. Tyree	Armondo's	15
2 J. Larsson	Armondo's	12
3 M. Cahill	Corben	10
4 M. Murdin	Armondo's	8
5 G. Brown	Super Squadra Sports	6
6 J. Itaya	Armondo's	5
7 C. Coontz	Subway Cycling	4
8 B. Babbitt	Super Squadra	3
9 K. Stanton	Wenatchee Valley	2
10 J. Hansen		1

Category 4-5 Men (82 riders)		
Pl. name	Team	Points
1 M. Frost		15
2 A. Johnson	Broadmark	12
3 D. Fleischhauer	Rad Racing	10
4 B. Kennan		8
5 B. Vickers		6
6 T. Chauvin	Subway Cycling	5
7 B. Given	Byrne Spec. Gas	4
8 B. Laing	Armondo's	3
9 R. Salamon	Recycle Cycles	2
10 A. Dickson	Broadmark	1

Juniors (2 riders)		
Pl. name	Team	Points
1 T. Peterson	Road Racing	15
2 L. Anderson	Wheelsport	12

Masters (40 riders)		
Pl. name	Team	Points
1 R. Smith	Wenatchee Velo	15
2 C. Chase	Byrne Spec. Gas	12
3 P. Weiler	Novara/Rei	10
4 K. Myrte	Novara/Rei	8
5 P. Fraiman	Vision/4-Corners	6
6 T. Schroder	Vision/4-Corners	5
7 M. Guthrie	Vision/4-Corners	4
8 K. Sorensen	Vision/4-Corners	3
9 L. Kemp	Byrne Spec. Gas	2
10 J. Strenl		1

Women 1-3 (8 riders)		
Pl. name	Team	Points
1 B. Lyndon-Griffith	Byrne Spec.	15
2 K. Hulse	Armondo's	12
3 C. Eller	Recycled Cycles	10
4 M. Walsh	Satum of Bellevue	8
5 J. Sheuflert	Chinook	6
6 L. Given	Byrne Spec. Gas	5
7 D. Berg	Satum of Bellevue	4

Women 4 (16 riders)		
Pl. name	Team	Points
1 C. Farias	Ashmead College	15
2 K. Rohan	Beaverton Bicycle	10
3 C. Berkes	Ashmead College	10
4 A. Schmid	Ashmead College	8

5 J. Vitkuske	Ashmead College	6
6 C. Hwang	Armondo's	5
7 B. Hausam	Ashmead College	4
8 E. Ecker	Satum of Bellevue	3
9 N. Scott-Garrison		2
10 M. Maislen	Armondo's	1

### Mason Lake #2 March 17, 2002

Cat 1-2 Men (24 riders)		
Pl. Name	Team	Points
1 T. Farrar	Broadmark	15
2 J. Sundt	Broadmark	12
3 E. Elken	Broadmark	10
4 B. Ecker	Recycled Cycles	8
5 M. Hone	Broadmark	6
6 S. Higgins	Super Squadra	5
7 S. Holland	Corben/Hunter	4
8 M. Walsh	Satum of Bellevue	3
9 R. Campbell	Broadmark	2
10 J. Bethel	Aurora Cycles	1

Cat 3 Men (36 riders)		
Pl. Name	Team	Points
1 J. Larsson	Armondo's/Fat Tire	15
2 A. Southerland	Wheelsport	12
3 T. Tyree	Armondo's/Fat Tire	10
4 J. Sheehan		8
5 J. Hansen		6
6 N. Casserly	Armondo's/Fat Tire	5
7 J. Hillwig	Armondo's/Fat Tire	4
8 J. Itaya	Armondo's/Fat Tire	3
9 B. Babbitt	Super Squadra	2
10 G. Brown	Super Squadra	1

Cat 4-5 Men (49 riders)		
Pl. name	Team	Points
1 R. Salamon	Recycle Cycles	15
2 M. Frost		12
3 W. Tyers	Ashmead College	10
4 N. Mills	Armondo's	8
5 R. Kauffman		6
6 P. Milan	Aurora Cycles	5
7 T. Chauvin	Subway Cycling	4
8 B. Kennan	Byrne Spec. Gas	3
9 J. Saffold		2
10 B. Vickers		1

Juniors (1 rider)		
Pl. name	Team	Points
1 A. Renner	Super Squadra	15

Women Cat 1-3 (3 riders)		
Pl. name	Team	Points
1 K. Brandner	Trek	15
2 M. Walsh	Satum of Bellevue	12
3 A. Beall	Armondo's/Fat Tire	10

Women Cat 4 (10 riders)		
Pl. name	Team	Points
1 L. Holland	Corben/Hunter	15
2 L. McCullough	Subway Cycling	12
3 K. Sandaas	Subway Cycling	10
4 J. Riley	Soundvelo	8
5 J. Hess		6
6 V. Stouffer	Subway Cycling	5
7 C. Ito	Subway Cycling	4
8 T. Trinka	Armondo's/Fat Tire	3

## Banana Belt Road Race III Forest Grove, Oregon March 17, 2002

Cat 1/2 Men	
Pl. Name	Team
1 Myers, C.	GS Camerati
2 Shanks, D.	Hutch's
3 Wright, S.	Nike Cycling
4 Leitheiser, J.	
5 Mahoney, M.	Gentle Lover
6 Wicks, B.	VW/Trek
7 Cramer, R.	Bike & Hike/Giant
8 Braun, M.	GS Camerati
9 Houghton, Z.	Bike & Hike/Giant
10 Swanson, C.	VW/Trek

Women	
Pl. Name	Team
1 Whitlatch, S.	Lakeside/Riv. Edge
2 Pennington, A.	VW/Trek
3 Annen, J.*	Corben-Huntair
4 Kennedy, S.*	Riv. City/Tm Oregon
5 Toftolon, Leah	VW/Trek
6 Kunz, Kori*	EWEB Windpower
7 Beall, Allison	Armondos
8 McBride, C.*	
9 Moore, K.	Corben-Huntair
10 Holland, L.*	Corben-Huntair

Masters Men	
Pl. Name	Team
1 Canfield, G.	Hutch's Bend
2 Coffel, L.	Lakeside/Riv. Edge
3 Holland, S.	Corben-Huntair
4 Sanborn, T.*	Hutch's
5 Phimey, H.*	CCCP
6 Root, D.	Corben-Huntair
7 Groves, B.	Corben-Huntair
8 Omo, S.	Lakeside/Riv. Edge
9 Burkhardt, R.	Import Auto
10 Goldstein, S.	EWEB Windpower

Juniors	
Pl. name	Team
1 Love, N.	b.i.k.e./Cyclisme
2 Love, A.	b.i.k.e./Cyclisme
3 Kneuvén, T.	BBC
4 Bossen, R.	Riv. City/Tm Oregon
5 Bajata Aga	b.i.k.e./Cyclisme

Category 3	
Pl. name	Team
1 Garcia, D.	Riv. City/Tm Oregon
2 Lamb, S.	Riv. City/Tm. Oregon
3 Hopper, D.	EnSelle/NoMad
4 Krick, D.	Bike & Hike/Giant
5 Anderson, S.	Riv. City/Tm. Oregon
6 Long, C.	
7 Raynak, G.	Lakeside/Riv. Edge
8 Bossen, M.	Riv. City/Tm. Oregon
9 Staley, L.	Satum Development
10 Doering, B.	Nike Cycling

Category 4	
Pl. name	Team
1 Ritchie, C.	Lakeside/Riv. Edge
2 Bucholz, B.	Bike & Hike/Giant
3 Sheridan, C.	Riv. City/Tm. Oregon
4 VanderStoep, C.	Nokia
5 Lord, D.	
6 St John, C.	JogMate
7 Hudson, D.	Lakeside/Riv. Edge
8 Woras, S.	Riv. City/Tm. Oregon
9 Brimlow, J.	
10 Werst, J.	OSO Klean

## Mountain Bike

### McMud Fest WIM #1 Spokane, WA March 16, 2002

Pro Men (2 Starters)		
Pl. Name	Hometown	Time
1 J. Yanik	Sandpoint, ID	1:21:09

Semi-Pro Men (7 Starters)		
Pl. Name	Hometown	Time
1 W. Morelli	North Port, WA	1:25:22
2 M. Gaertner	CDA, ID	1:26:30
3 E. Harrison	Hayden, ID	1:27:52
4 K. Holden	Spokane, WA	1:38:06

Single Speed (4 Starters)		
Pl. Name	Hometown	Time
1 D. Dixon	Yakima, WA	1:23:08
2 K. Hutchison	Redmond, WA	1:25:43
3 P. Champoux	Yakima, WA	1:38:46

Expert Men 19-29 (15 Starters)		
Pl. Name	Hometown	Time
1 N. Davies	Missoula, MT	1:12:24
2 B. Cimmijotti	Hermiston, OR	1:14:11
3 D. Visser	Seattle, WA	1:15:35
4 J. Hofeldt	Post Falls, ID	1:17:21
5 J. Valente	Leavenw., WA	1:17:55

Collegiate A Men (2 Starters)		
Pl. Name	Hometown	Time
1 M. Dolan	Spokane, WA	1:12:41
2 D. Delano	Dillon, MT	1:32:50

Expert Men 30-39 (23 Starters)		
Pl. Name	Hometown	Time
1 C. Young	Port T., WA	1:11:25
2 P. Oppenheimer	Snw, WA	1:15:03
3 J. McConaughy	Trip, WA	1:15:13
4 D. Graver	Monroe, WA	1:15:13
5 M. Rolick	Bellevue, WA	1:16:45

Expert Men 40-49 (4 Starters)		
Pl. Name	Hometown	Time
1 T. Crum	Spokane, WA	1:21:36
2 J. David	Spokane, WA	1:21:46
3 R. Staples	Yakima, WA	1:22:25

Expert Men 50+ (2 Starters)		
Pl. Name	Hometown	Time
1 P. Foucault	Chewelah, WA	1:24:06
2 J. House	Sumner, WA	1:36:16

Expert Men 18 & Under (3 Starters)		
Pl. Name	Hometown	Time
1 T. Magrath	CDA, ID	1:22:09

Expert Women 19-29 (7 Starters)		
Pl. Name	Hometown	Time
1 J. Beggs	Jackson, WY	1:23:02
2 A. Suciich	Seattle, WA	1:25:24
3 S. Holden	Spokane, WA	1:29:46
4 J. Sayers	Moscow, ID	1:31:32
5 S. Baird	Everett, WA	1:44:26

Collegiate A Women (1 Starter)		
Pl. Name	Hometown	Time
1 J. Sayers	Moscow, ID	1:31:32

Expert Women 30-39 (2 Starters)		
Pl. Name	Hometown	Time
1 S. Wisner	Sandpoint, ID	1:24:40

Expert Women 40-49 (3 Starters)		
Pl. Name	Hometown	Time
1 M. Davies	Missoula, MT	1:31:18
2 M. Murphy	Spokane, WA	1:39:02
3 L. Lokan	Sandpoint, ID	1:39:07

Sport Junior Men (15 Starters)		
Pl. Name	Hometown	Time
1 K. Chamberlin	Poulsbo, WA	1:01:00
2 P. Szafruga	Pullman, WA	1:03:44

3 C. Longmuir	Woodinville, WA	1:04:41
4 T. Skolrud	Yakima, WA	1:04:50
5 M. Salladay	Winthrop, WA	1:08:11

Sport Men 19-29 (8 Starters)		
Pl. Name	Hometown	Time
1 A. Spencer	Spokane, ID	1:01:12
2 T. Ryan	Everett, WA	1:06:01
3 M. Prochaska	Kirkland, WA	1:08:16
4 J. Sorrentino	Spokane, WA	1:08:58
5 S. Bailey	Spokane, WA	1:24:22

Sport Men 30-39 (26 Starters)		
Pl. Name	Hometown	Time
1 C. Bevans	Seattle, WA	1:00:45
2 J. Mettler	Wenatchee, WA	1:00:48
3 B. Sherrick	Lakewood, WA	1:01:48

Sport Men 40-49 (17 Starters)		
Pl. Name	Hometown	Time
1 S. Wade	Bow, WA	1:03:40
2 K. Wakefield	Colbert, WA	1:05:41
3 B. Hunt	Spokane, WA	1:07:19

Sport Men 50+ (9 Starters)		
Pl. Name	Hometown	Time
1 J. Corkill	Spokane, WA	1:06:15
2 P. Smith	Spokane, WA	1:10:28
3 A. Harrison	CDA, ID	1:11:17

Collegiate B Men (1 Starter)		
Pl. Name	Hometown	Time
1 J. Corkill	Spokane, WA	1:06:15

Sport Clydesdale (7 Starters)		
Pl. Name	Hometown	Time
1 B. Lamkin	Port Orchard, WA	56:42
2 A. Potter	Kennewick, WA	1:00:10
3 D. Acheson	Winthrop, WA	1:05:27

Sport Junior Women (1 Starter)		
Pl. Name	Hometown	Time
1 M. Warren	North Bend, WA	1:01:52

Sport Women 19-29 (7 Starter)		
Pl. Name	Hometown	Time
1 L. Kelly	Spokane, WA	55:29
2 M. Carlson	Spokane, WA	56:14
3 L. Douglas	Bellingham, WA	56:47
4 S. Wasmund	Bellevue, WA	59:07
5 J. Freisz	Naches, WA	59:41

Sport Women 30-39 (6 Starters)		
Pl. Name	Hometown	Time
1 M. Evezich	Seattle, WA	55:31
2 E. Larsen	CDA, ID	57:23
3 A. McGowan	Seattle, WA	59:55
4 L. Lies	Spokane, WA	1:00:55
5 L. Picard	Seattle, WA	1:01:36

Sport Women 40-49 (3 Starters)		
Pl. Name	Hometown	Time
1 B. Suttillmyre	CDA, ID	59:21
2 J. Thomas	Sandpoint, ID	1:08:56
3 C. Heckenlaible	Woodinville, WA	1:12:04

Junior Men 10 & Under (4 Starters)		
Pl. Name	Hometown	Time
1 M. David	Spokane, WA	25:36
2 J. Sember	Spokane, WA	26:32
3 N. Kroeth	Spokane, WA	26:34
4 C. Cutright	Kent, WA	27:34

Junior Men 12 & Under (4 Starters)		
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# Welcome to the Pacific Northwest's most comprehensive bicycle calendar

All events are listed chronologically within their respective sections:

**Events** (clinics, expositions, lectures, etc), **BMX competition**, **Cyclocross**, **Multisport** (events that include cycling as part of the competition), **Off-Road Racing** (competition featuring single-track and other off-road riding), **Off-Road Touring** (rides featuring single-track and off-road riding), **Series** (weekly competitions where cumulative point standings are awarded), **Road Racing** (bicycle competition), **Road Touring** (road rides of various distances and for any type of bicycles), **Track** (velodrome type event).

To conserve space, we've chosen to run web sites only on events where both web site and email are available. If you are an organizer and your event is not listed, or if the information listed changes, contact us and we will gladly make update the calendar. Please send your event information in the same style and format as seen here.

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## EVENTS

### MAY

#### May 4-12: Penticton Cycling Camps

Penticton, BC. Training camp with professional coaches Dan Proulx and Ron Hayman Penticton Cycling Camps, 1897 San Juan Ave., Victoria, BC, V8N 2J3. (250) 360-1053, danprix@aol.com

#### May 15: Bicyclists' Legal Clinic

Portland, OR. A free vehicle law class for bicyclists with lawyer Ray Thomas. Bicycle Transportation Alliance, 717 SW 12th, Portland, OR, 503-226-0676, info@bta4bikes.org

#### May 17: Bike To Work Day

Seattle area, WA. 35 commuter stations around King, Snohomish & Kitsap Counties. A community event to get more people to consider another way of getting to work. Linda Schwartz, Cascade Bicycle Club, PO Box 15165, Seattle, WA, 98115. 888-334-BIKE, www.cascade.org

## RACE SERIES

### APRIL

#### Apr 2-Sep 24: Tuesday Night PIR Race Series

Portland, OR. Portland International Raceway. Summer race series for all Cat 1-5, women and juniors. First time racers to pros. Registration opens at 5:30 p.m. First race at 6:05 p.m. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digwest.com

#### Apr 4-Aug 22: Seward Park Thursday Night Cycling Series

Seattle, WA. Thursday night criterium on 0.8 mile loop inside Seward Park, one 120 degree turn and 100 yard hill. All categories \$8 David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

#### Apr 9-Aug 27: Tuesday Night Road Race Series @ Pacific Raceways (formerly SIR)

Kent, WA. Road Race series with 4 alternating courses. Cat 1/2/3, Cat 4/5, Masters 35+ Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

#### Apr 19-Aug 23: Friday Evening Spring/Summer Series

Sumner and Port Orchard, WA. Friday night race series at Riverside Park and South Kitsap Community Park. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 206-246-2661, www.gobmx.com

### MAY

#### May 2-Sep 26: Alpenrose Weekly Series

Portland, OR. Alpenrose Velodrome, thursday evenings track racing. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

#### May 3-Aug 30: Alpenrose Friday Night Racing

Portland, OR. Alpenrose Velodrome - Friday night racing for Masters men, juniors & novice women Jamie Mikami, 503-452-0312, www.obra.org

#### May 6-Sep 9: Lakeside Bicycles Monday Night Masters & Women PIR Series

Portland, OR. 1.9 mile closed course - distances vary with daylight. Great place to learn about racing in a supportive, friendly environment. Monthly PointsSeries. Race for Master and Women only. Jim Anderson, 1467 Greentree Circle, Lake Oswego, OR, 97034. 503-975-8229, www.eugenecelebration.com

#### May 15-Aug 28: Marymoor Wednesday Night Track Racing

Marymoor Park, Redmond, WA. Track Racing Wed. nights @7:00 p.m. Masters, Women Cat 3 & 4, Men Cat 4 Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, www.marymoor.velodrome.org

#### May 17-Aug 30: Marymoor Velodrome Friday Night Racing Series

Redmond, WA. Track racing every Friday night @7:30 p.m. Nationally ranked riders compete for fun & prizes. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, http://marymoor.velodrome.org

#### May 23-Sep 5: Thursday Nighters

Medford, OR. The course just over a mile loop with a short hill. Course is fully closed to traffic. A's start @6:10 p.m. for 20-25 laps. B's start @ 6:00 for 10-14 laps. Glen Gann, gaganni@aol.com

## ROAD TOURING SERIES

### APRIL

#### Apr 7-Sep 7: BC Peace Region

**Randonneurs Series**  
Peace Region, BC. Riders should be self-sufficient as services are few and far between in the communities. Riders should contact me the day before the rides via email. Further, proper gearing is recommended. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

## BMX

### APRIL

#### Apr 6-7: Peninsula Indoor

Port Orchard, WA. Double Point on Saturday. Sign up - Saturday 3:30-4:30 p.m., Sunday 10:00-11:00 a.m. 206-246-2661, www.gobmx.com/indoor.htm

#### Apr 11: Langley BMX

Langley, BC. Double Points Event Brent Rasmussen, 604-533-0084

#### Apr 12-14: Yakima Valley Indoor BMX

Yakima, WA. All SPR event weekend. Cost \$10.00. Friday reg. @ 6-7 p.m., Saturday reg. @ 4-5 p.m., Sunday reg. @10-11 a.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, www.yakimavalleybmx.com

#### Apr 13-14: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### Apr 13: Saturday Evening Racing

Sumner, WA. Registration from 4:30-5:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### Apr 18: Columbia Basin BMX

Richland, WA. Double Points. RFL Fundraiser for Lymphoma/Leukemia Society of America

#### Apr 19: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### Apr 19-21: Yakima Valley Indoor BMX

Yakima, WA. All SPR event weekend. Cost \$10.00. Friday reg. @ 6-7 p.m., Saturday reg. @ 4-5 p.m., Sunday reg. @10-11 a.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, www.yakimavalleybmx.com

#### Apr 20-21: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR. Reg 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### Apr 20-21: Saturday Evening & Sunday Racing

Sumner, WA. Saturday registration from 4:30-5:30p.m., Sunday from 10-11 a.m. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### Apr 26: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### Apr 26: Yakima Valley Indoor BMX

Yakima, WA. SPR. Cost \$10.00. Registration 6-7 p.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, www.yakimavalleybmx.com

#### Apr 27-28: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR. Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### Apr 27: Race For Life

Yakima, WA. DPR. Cost \$10.00. Registration 4-5 p.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, www.yakimavalleybmx.com

#### Apr 27-28: Saturday Evening & Sunday Racing

Sumner, WA. Saturday registration from 4:30-5:30p.m., Sunday from 10-11 a.m. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### Apr 28: State Qualifier Race

Yakima, WA. DPR. Cost \$10.00. Registration 10 - 11 a.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, yakimavalleybmx@aol.com

### MAY

#### May 3: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 4-5: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### May 4-5: Saturday Evening & Sunday Racing

Sumner, WA. Saturday registration from 4:30-5:30p.m., Sunday from 10-11 a.m. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 10: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 11-12: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR. Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### May 11-12: Saturday Evening & Sunday Racing

Sumner, WA. Saturday registration from 4:30-5:30p.m., Sunday from 10-11 a.m. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 11-12: Yakima Valley Outdoor Race

Yakima, WA. All SPR event weekend. Cost \$10.00. Saturday reg. @ 2-3 p.m., Sunday reg. @10-11 a.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, yakimavalleybmx@aol.com

#### May 12: Yakima Valley Outdoor Race

Yakima, WA. SPR. Registration 10-11 a.m. Cost \$10.00 Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, yakimavalleybmx@aol.com

#### May 17: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 18-19: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### May 18-19: Saturday Evening & Sunday Racing

Sumner, WA. Saturday registration from 4:30-5:30p.m., Sunday from 10-11 a.m. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

#### May 25-26: Bakerview

Mount Vernon, WA. Subject to weather and or track conditions. SPR. Reg @ 3:30-4:30 p.m. Dan & Jody, Mount Vernon Parks Department, 360-336-0631

#### May 25-26: Yakima Valley Outdoor Race

Yakima, WA. All SPR event weekend. Cost \$10.00. Saturday reg. @ 2-3 p.m., Sunday reg. @10-11 a.m. Kim Hall, PO Box 9851, Yakima, WA, 98909. 509-454-7599, yakimavalleybmx@aol.com

#### May 31: Friday Evening Spring/Summer Series

Sumner, WA. Registration from 6:00-6:30pm. Mike Raich, River Valley BMX, 7800 Riverside Dr. E, Sumner, WA, 206-246-2661, www.gobmx.com

## OFF-ROAD RACING

### APRIL

#### Apr 6-6: Battle in Seattle

Seattle, WA. WIM Series #3 Cross Country race for all ages and ability levels at South Seatec Park. Wendy Zupan, Round & Round Productions, 418 E Pacific, Spokane, WA, 99202. 509-455-7657, roundandround.com

#### Apr 7: Sagebrush Sunday

Bend, OR. 25 mile mtb race. One course for all. OBRA Off Road Series.10:00 a.m. \$25 - \$35 entry fee. Hutch's Bicycles, Bend, OR, 503-382-9253, www.hutchsbicycles.com

#### Apr 9: Winter Bicycle Super Cross

Stevens Pass, WA. DH race in the snow. Course go through the snowboard park jumps, turns, banks. Chairlift access. James Munly, 1207 Front St, Leavenworth, WA, 98826. 509-548-5615, www.stevenspass.com

#### Apr 13: Big K Mountain Bike Festival

Elkton, OR. Course is Single track with some Double track - Awesome descents & absolutely Gorgeous views. Mitch LaMoure, 1217 NE Walnut, Roseburg, OR, 97470. 541-957-1020, frameman@mcsi.net

#### Apr 20-21: Beacon Bomber

Spokane, WA. WIM Series #4 - Cross Country & Downhill racing for all ages and ability levels Wendy Zupan, Round & Round Productions, 418 E Pacific, Spokane, WA, 99202. 509-455-7657, roundandround.com

#### Apr 21: Cascade Chainbreaker

Bend, OR. Cross-country. Parto fo Oregon MTB Series Marcel Russenberger, 442 N.W. State St., Bend, OR, 97701. 541-318-6188, bikerace@bendcable.com

#### Apr 28: Hutch's Bear Springs Trap

Ski Bowl, OR. Oregon MTB Racing Series. Cross-country. Petr Kakes, OR, 503-272-0240, jlogan@skibowl.com

#### Apr 28: Salty Dog 6 hours Enduro

Salmon Arm, BC. 1870 Okanagan Ave, Salmon Arm, BC, V1G 1H4. 250-832-7368, skookum@shuswap.net

### MAY

#### May 4-5: Chelan Mt. Bike Festival

Chelan, WA. WIM Series #5 Cross Country & Downhill racing for all ages & ability levels Wendy Zupan, Round & Round Productions, 418 E Pacific, Spokane, WA, 99202. 509-455-7657, roundandround.com

**May 4-5: Hammerfest 9**  
Parkville, BC. BC CUP. Cross-country / Downhill Brian Lunn, 521 Fournneau Way, Parkville, BC, V9P 2J7. 250-248-4020, bcjunn@shaw.ca

**May 4-5: Jedzilla MTB Race #1**  
Missoula, MT. Downhill and cross-country Jed Dennison, 406-360-0582, jeditx@hotmail.com

**May 4-5: Spring Thaw**  
Medford, OR. Oregon MTB Racing Series Cross-country and downhill Ian Bagshaw, OR, 541-482-8763, springthaw@somba.org

**May 11-12: 24 hours of Hagg Lake**  
Henry Hagg Lake, OR. Sandy Kenny, 503-693-9160, ultrapsychlist@hotmail.com

**May 11: Bear Springs Downhill**  
Mt. Hood, OR. Oregon MTB Racing Series. Downhill. Petr Kakes, OR, 503-272-0240, jlogan@skibowl.com

**May 12: Race at Reehers**  
Portland, OR. Oregon MTB Racing Series. Cross-country. Jon Meyers, 503-234-9273, www.obra.org/

**May 18-20: Action Quest**  
Summerland, BC. BC Cup. Cross-country, downhill, dual-slam. Bob Leslie, Pentiction Cycling Club, Box 208, Summerland, BC, V0H 1H0. (250) 494-0341, RL\_Leslie@yahoo.com

**May 18-19: Boneshaker**  
Winthrop, WA. WIM Series #6 Cross Country & Downhill racing for all ages and ability levels. New DH Course! Wendy Zupan, Round & Round Productions, 418 E Pacific, Spokane, WA, 99202. 509-455-7657, roundaround.com

**May 18: Hood River Cross Country #1**  
Hood River, OR. Cross-country event. Julie Wilson, 541-387-2673, shane@discoverbicycles.com

**May 19: Ben Eder Memorial Coast Hills MTB Classic**  
Newport, OR. Part of the OBRA series. Awesome single-track, fast descents & challenging climbs. Fund-raiser for high school MTB club & honor society. All classes including kids. Dave Campbell, c/o Newport High School, 322 N.E. Eads St., Newport, OR, 97365. 541-574-0327, www.lincoln.k12.or.us/newports/activity/clubs/mclub/mclub.htm

**May 25-26: 24 Hours Round the Clock**  
Spokane, WA. 24 hour relay race with overnight camping. Teams, solos and a ton of fun! Wendy Zupan, Round & Round Productions, 418 E Pacific, Spokane, WA, 99202. 509-455-7657, roundaround.com

**May 25: BC High School Invitational Mountain Bike Championship**  
North Vancouver, BC. This event is for the BC High School Mt. Bike Championship. There are 4 boys and 4 girls divisions. Sam Scorda, North Shore Sec. Schools Athletic Assoc., 1131 Frederick Road, North Vancouver, B. C., V7K 1J3. 604 903-3300, www.collingwood.org/nsmb/

**May 26: Whidbey Island Mudder**  
Near Langley, WA. 3rd annual Cross Country MTB race, with a new DH-XC category (minimum weights and travel for a bike) Robert Frey, One Speed Promotions, 2253 Woodbine Rd., Langley, WA, 98260. 360-321-5884, http://onespeed.tripod.com

## OFF-ROAD TOURING

### MAY

**May 5: The Westside Ride**  
Bend, OR. 20 mile ride, 4 hr ride. No food or water on this ride. Meet at Westside store. 9:00 a.m., no entry fee. Hutchcs Bicycles, Bend, OR, 503-382-9253, www.hutchcsbicycles.com

**May 18: Reach the Beach Clean Air Bicycle Challenge**  
Portland to Pacific City, OR. Non-competitive cycling event, with 6 different routes through Oregon's forests & wine country. Also offer road touring options. Rebecca Sandidge, American Lung Association of Oregon, 7420 SW Bridgeport Road, Suite 200, Tualatin, OR, 97224-7711. 503-924-4094, www.reachthebeach.org

**May 25-27: Bend Bicycle Festival**  
Bend, OR. MTB rides, road rides, woman only rides, kid rides and a classic cruiser ride. One \$10.00 fee for all events. Hutchcs Bicycles, Bend, OR, 503-382-9253/503-382-6248, www.hutchcsbicycles.com

## MULTISPORT

### APRIL

**Apr 14: Ridge to River**  
Wenatchee, WA. 9:30 a.m. -nordic ski, alpine ski, run 4.5 mi, bike 19mi, kayak/ canoe 5mi- teams from 2-6 or solo, also event for junior Sue Frese, Ridge to River Relay Association, 656 N Miller Street, Wenatchee, WA, 98801. 509-662-8799, r2r.org

## ROAD RACES

### APRIL

**Apr 2: Tuesday Night PIR Race**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**Apr 4: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**Apr 6: Kings Valley Road Race**  
Near Corvallis, OR. The most famous single day classic road race in Oregon Scott Goldstein, Classic Events, 2290 Corinthian Ct, Eugene, OR, 97405. 541-343-4833, shg@bit-by-bit.com

**Apr 6-7: Tour of the Frozen Flatlands**  
Cheney, WA. 12th Annual Cooper Jones Memorial. Circuit Race on April 6th, and road race on April 7th. Baddlands Cycling Club, 418 East Pacific #2, Spokane, WA, 99202-1426. 509-456-0432, www.pegasusmedia.com/daddland.htm

**Apr 7: Boat Street Criterium**  
Seattle, WA. 3rd Annual Boat St. Criterium - see web site for information. Robert Trombley, Recycled Cycles, 1007 NE Boat St, Seattle, WA, 98105. 206-634-9403, www.recycledcycles.com

**Apr 7: Sagebrush Sundae**  
Bend, OR. Time Trial Mike McMackin, 541-382-9253, mike@hutchcsbicycles.com

**Apr 9-14: Tour of Willamette**  
Eugene, OR. CANCELLED FOR 2002 Larry Smith, Oregon State Cycling Assoc., 541-953-8937, tourdevillamette.com

**Apr 9: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**Apr 9: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**Apr 11: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**Apr 13: Montana Velo**  
Helena, MT. Road race Helena Scott Herzig, 406.449.6770, smateoh@aol.com

**Apr 13: Seward Park Spring Classic Criterium**  
Seattle, WA. Criterium on a 0.8 mile loop inside Seward Park, one 120 degree turn and one hill. All categories. \$15 David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**Apr 14: Elma Road Race**  
Elma, WA. Jack Broadhead, www.pazzovelo.com

**Apr 16: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**Apr 16: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**Apr 18: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**Apr 20-21: Bobcat Classic MSU Collegiate**  
Bozeman, MT. Matt Weyen, hot2109@home.com

**Apr 20: Tahuya-Seabeck-Tahuya Road Race**  
Tahuya, WA. Voted #1 Road Race in Washington Ethan Meginnis, Terry Buchanan, 3910 Sunnyside Ave N, Seattle, WA, 98103. 206-633-3944, broadmarkcycling.com

**Apr 20: Warp Speed Time Trial**  
North Vancouver, BC. Jonathan Wornell, Soliton Cycling Club, 604-836-9993, jonathan\_wornell@hotmail.com

**Apr 21: 34th Annual Volunteer Park Criterium**  
Seattle, WA. One mile course. Northwest Woman's Race Series event. Dan Norton, www.eggscycles.com

**Apr 23: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**Apr 23: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**Apr 25: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**Apr 27-28: Tour of Walla Walla Stage Race & Collegiate Omnium**  
Walla Walla, WA. Open to all USCF categories. Time trial, road race & criterium Steve Rapp, 701 Boyer Ave., Walla Walla, WA, 99362. 509-527-8724, www.tourofwallawalla.org

**Apr 28: Estacada Time Trials**  
Estacada, OR. Geri Bossen, OBRA, 503-262-9597, www.obra.org/

**Apr 30: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**Apr 30: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

### MAY

**May 2: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**May 4-5: High Desert Stage Race**  
Bend, OR. Brad Farnard, 541-318-1629, farnard@mailbox.orst.edu

**May 4-5: Saturn of Burlington Omnium**  
Bellingham, WA. www.pazzovelo.com

**May 5: Pigeon Lake Road Race**  
Pigeon Lake, AB. The Race 'Round the Lake! All licensed riders welcome. Merchandise prizes. Lunch and refreshments. Jeff Davis, Edmonton Road and Track Club, 14419-88 Avenue NW, Edmonton, Alberta, T5R 4J5. 780-483-1880, www.ertc.org

**May 5: Recycled Cycles Circuit Race**  
Nooksack, WA. In conjunction with the Saturn of Bellevue omnium. Robert Trombley, Recycled Cycles, 1007 NE Boat St, Seattle, WA, 98105. 206-634-9403, www.recycledcycles.com

**May 6: Lakeside Bicycles Monday Night PIR Series**  
Portland, OR. See series info. Jim Anderson, 1467 Greentree Circle, Lake Oswego, OR, 97034. 503-975-8229, www.eugenecelebration.com

**May 7: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**May 7: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**May 9: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**May 11: Fairfield Road Race**  
Fairfield, MT. Road Race event John Juras, 406-761-7021, johnjuras@aol.com

**May 11-12: Gary Lund Classic**  
Sooke, BC. Marc Burgess, Schwalbe Cycling Club, 250-384-8840, marconbike@aol.com

**May 11: Washington State Master and Junior Road Race Championships**  
Longbranch, WA. Old Town Bicycle, 253-858-8040, www.oldtownbicycle.com

**May 12: Lake Oswego Criterium**  
Oswego, OR. Criterium Jon Puskas, 503-234-9273, jmpuskas@yahoo.com

**May 12: Washington State Time Trial Championships**  
Rockport, WA. See web site for details. Northwest women's cycling series event. Robert Trombley, Recycled Cycles, 1007 N.E. Boat Street, Seattle, WA, 98105. 206-634-9403, www.recycledcycles.com

**May 13: Lakeside Bicycles Monday Night PIR Series**  
Portland, OR. See race series for more info. Jim Anderson, Jim Anderson, 1467 Greentree Circle, Lake Oswego, OR, 97034. 503-975-8229, www.eugenecelebration.com

**May 14: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

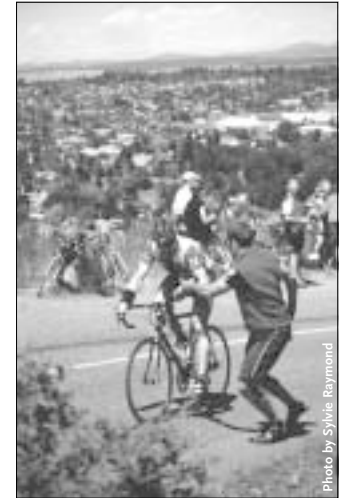


Photo by Sybil Raymond

Taking needed water for the ride.

**May 14: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**May 16: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**May 18-19: Mutual of Enumclaw Stage Race**  
Enumclaw, WA. Ti Cycles, 2943 N.E. Blakely St, Seattle, WA, 98105. 206-522-7602, www.ticycles.com

**May 18-19: TOSRV Tour**  
Missoula, MT. Deb Adams, 406-728-0364, mobinfo@missoulabike.org

**May 19: District Team Time Trial**  
Corvallis, OR. Craig Massie, 541-753-7622, CMassie@CH2M.com

**May 20: Lakeside Bicycles Monday Night PIR Series**  
Portland, OR. See race series for more info. Jim Anderson, Jim Anderson, 1467 Greentree Circle, Lake Oswego, OR, 97034. 503-975-8229, www.eugenecelebration.com

**May 21: Tuesday Night @ Pacific Raceways**  
Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**May 21: Tuesday Night PIR**  
Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digiwest.com

**May 23: Seward Park Thursday Night**  
Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazzovelo.com

**May 23: Thursday Nighters**  
Medford, OR. See series info. Glen Gann, gaganni@aol.com

**May 25-26: Bastion Square Cycling Festival**  
Victoria, BC. Road Race BC Cup #1, Criterium, Track races and Recreational Tour. Sharon White, VIBRS, Victoria, BC, 250-356-2230, www.dave.sharon@telus.net

**May 25: Swan Island Classic Race**  
Swan Island, Portland, OR. Criterium race featuring all categories & kids event Beth Whittaker, Beth Whittaker, 16249 SE Morrison St., Portland, OR, 97233. 503-261-9560, OBRA.org



**May 25-27: The Ecology Center Classic Stage Race**

Missoula, MT. 3 day, 4 stage race. Street Sprints, TT, Critrium, and a truly road race. Jeff Crouch, 406-728-5720, www.wildrockies.org/bikeclassic

**May 27: Lakeside Bicycles Monday Night PIR Series**

Portland, OR. See race series for more info. Jim Anderson, 1467 Greentree Circle, Lake Oswego, OR, 97034. 503-975-8229, www.eugenecelebration.com

**May 28: Tuesday Night @ Pacific Raceways**

Kent, WA. See series information for more details. Tracy Jolly, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com

**May 28: Tuesday Night PIR**

Portland, OR. See series info. Jeff Mitchem, River City Bicycles, 3143 SE Main Street, Portland, OR, 97214. (503)233-3636, jeff@digwest.com

**May 30: Seward Park Thursday Night**

Seattle, WA. See series information for details David Douglas, 4207 SW Hill St., Seattle, WA, 98116. 206-932-5921, www.pazovelo.com

**May 30: Thursday Nighters**

Medford, OR. See series info. Glen Gann, gaganni@aol.com

**Apr 15-Jun 1: Southern Cross Bicycle Classic**

Southern USA. Pedal fully supported across the United States from Disneyland to Walt Disney World & have a blast. Tim Kneeland, Tim Kneeland & Associates, Inc, 410 West Spazier Ave, Burbank, CA, 91506. 800-433-0528, ww.owct.com

**Apr 15-27: Tunisia: Historic North**

Northern Tunisia. Extraordinary concentration of archeological, cultural and religious sites, development projects. David Mozer, International Bicycle Fund, 4887 Columbia Dr S, Seattle, WA, 98108. 206-767-0848, www.ibike.org/ibike

**Apr 20: 200 km Lower Mainland Brevet**

Surrey, BC. Also available: 50km, 100km and 150km. Start 7 a.m. Tour Fleetwood, Tsawwassen, Ferndale, Abbotsford (or shorter variations). Dan McGuire, 16555 Fraser Hwy., BC, 604-942-3235

**Apr 20: 75 km, 100 km Peace Brevets**

Fort St. John, BC. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**Apr 20-22: Wine Country Weekender**

Healdsburg, CA. Tour sample some of the most pitoresques landscapes of the Northern California wine country. Luna Tours, 200 Mountain Brook Rd., Livingston, MT, 59047. 877-404-6476, www.lunatours.com

**Apr 21: Daffodil Classic**

Orting, WA. 20, 50, 70, and 100-mile routes. Cost before/day-of: \$15/\$18 ind., \$35/\$40 family, \$12/\$15/T-shirt. John Campbell, Tacoma Wheelmen's Bicycle Club, PO Box 112078, Tacoma, WA, 98411. (253) 566-0621, www.twbc.org/daffodil.htm

**Apr 26-28: SIR Fleche Northwest**

bc, WA. Mark Thomas, Seattle International Randonneurs (SIR), 13543 160th Ave. N.E., Redmond, WA, 98052. 206-612-4700, www.seattlerandonneur.org

**Apr 27: 100 km, 150 km Peace Brevets**

Fort St. John, BC. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**Apr 27: 200 km Southern Interior Brevet**

Southern Interior, BC. Bob Boonstra, 250-828-2869

**Apr 27: 300 km Vancouver Island Brevet**

Vancouver Island, BC. BC Randonneurs CC event. Stephen Hinde, 250-245-4751

**MAY**

**May 3-5: Okanagan Tour deVine**

Penticton, BC. Ride your bike amidst the vineyard's surrounding Penticton while enjoying the flavor of local wines. Barb Sheppard, Okanagan Tour deVine Society, 888 Westminster Avenue, Penticton, BC, V2A 8L1. 1-800-663-1900, www.tourdevine.bc.ca

**May 4: 300 km Lower Mainland Brevet**

Lower Mainland, BC. BC Randonneur Cycling Club event Mike Richard, 604-739-6798

**May 4: Ride Around Clark County (RACC)**

Vancouver, WA. Four scenic loops of Clark County, ranging from 18 miles to 100 miles Scott Martin, Vancouver Bicycle Club, 3014 NW Kent St, Camas, WA, 98607. 360-834-6737, www.vancouverbicycleclub.com/racc.html

**May 5-5: Camano Climb**

Camano Island, WA. 50 or 35 mile ride around scenic Camano Island. Free spaghetti dinner included. Don Jovag, Stanwood-Camano Kiwanis, PO Box 1305, Stanwood, WA, 98292. 360-629-6415, stanwoodvelosport.com

**May 11: 200 km, 300 km Southern Interior Brevets**

Nelson, BC. John Bates, 604-528-2549

**May 11: 400 km Vancouver Island Brevet**

Vancouver Island, BC. Stephen Hinde, 250-245-4751

**May 11: Rhody Tour**

Port Townsend, WA. Four route choices (32, 45, 55, and 62 miles) follow the varied terrain of east Jefferson County Jon Mueller, PT Bicycle Association, 535 Benton St., Port Townsend, WA, 98368. 360-385-7567, www.ptguide.com/rhodytour/

**May 11-12: Scenic Tour of the Kootenai River (STOKR)**

Libby, MT. 2 day ride in beautiful NW MT with scenic loop routes with little traffic and great food! 3hrs from Spokane. Susie Rice, Susie Rice, 1020 Idaho, Libby, MT, 59923. 406-293-2441, www.libbymt.com

**May 11: Signs of Spring**

Fort St John, BC. 200 km Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**May 11-12: SIR 400 km Brevet**

Seattle, WA. Mark Thomas, Seattle International Randonneurs (SIR), 13543 160th Ave NE, Redmond, WA, 98052. 425-702-8880, www.seattlerandonneur.org

**May 11-13: Wine Country Weekender**

Calistoga, CA. Tour sample some of the most pitoresques landscapes of the Northern California wine country. Luna Tours, 200 Mountain Brook Rd., Livingston, MT, 59047. 877-404-6476, www.lunatours.com

**May 12-18: San Juan Islands - 6 Day**

Anacortes, WA. 6 days (one layover). Levels: all. Activities include biking, sea kayaking, hiking and whale watching. Martha Travis, Bicycle Adventures, PO Box 11219, Olympia, WA, 98508. 800-443-6060, www.bicycleadventures.com

**May 18: 22nd Annual Inland Empire Century Bicycle Ride**

Richland, WA. Distances: 25, 55, 75 & 100 miles through lower Yakima River Valley. Start at Howard Aron Park. Benefits - Safe Kids Coalition of Benton-Franklin Counties. Judy Packard, TriCity Bicycle Club, P.O. Box 465, Richland, WA, 509-375-0594, www.owt.com/tcbc

**May 18-20: Fleche Pacifique**

Lower Mainland, BC. Entre deadline is April 26th Peter Lysne, 604-980-6231

**May 18: Reach the Beach Clean Air Bicycle Challenge**

Portland to Pacific City, OR. Non-competitive cycling event, with 6 different routes through Oregon's forests & wine country. Also offers mountain bike touring options. Rebecca Sandidge, American Lung Association of Oregon, 7420 SW Bridgeport Road, Suite 200, Tualatin, OR, 97224-7711. 503-924-4094, www.reachthebeach.org

**May 19-20: 5th Annual Street Bicycle Ride around Sand Juans Islands**

Sand Juans Islands, WA. Two day events - various distances Kevin Warren, Salt & Light Ministries, WA, 253-503-2233 x 3061, kevinw505@hotmail.com

**May 19: Santa FE Century**

Sante Fe, NM. 25, 50, 75 and 100-mile routes.\$15.00 entry fee. Willard Chilcott, 885 Camino Del Este, Sante Fe, NM, 87501. 505-982-1282, chilcott@aol.com

**May 19: Two County Double Metric Century**

Millersylvania State Park south of Olympia. Multi loop ride on beautiful back county roads. Margo Munson, Capital Bicycling Club, 19225 Kelsey Marie Ln SW, Rochester, WA, 98579. 360-273-8020, pmunson1@localaccess.com

**May 20: 75 km, 150 km Peace Brevets**

Fort St. John, BC. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca



Photo by BC Images/Georg Wylie

Join a ride this summer.

**May 25: 400 km Lower Mainland Brevet**

Lower Mainland, BC. Start at 6:00 a.m. Gord Cook, 604-594-4644

**May 25-27: Bend Bicycle Festival**

Bend, OR. MTB rides, road rides, woman only rides, kid rides and a classic cruiser ride. One \$10.00 fee for all events. Hutchs Bicycles, Bend, OR, 503-382-9253/503-382-6248, www.hutchsbicycles.com

**May 25: Le Petit Tour de Peace**

BC. 300 km, 200km also available. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**May 25-27: Northwest Tandem Rally**

Boise, ID. Meet 300-500 other tandems. 3 days of incredible rides and great banquet dinner. Jim Kuenzli, NWTR 2002, 2030 Parkside, Boise, ID, 83712. 208-336-9102, www.nwtr.org

**May 25-Jun 1: Red Rock & Rolling**

Southwest Utah. Spend 8 days, 7 nights. visit the majestic canyons of SW Utah Rebecca Hintze, Luna Tours: Outdoor Adventures for Women, 200 Mountain Brook Rd., Livingston, MT, 59047. 877-404-6476, www.lunatours.com

**May 25-30: San Juan Islands - Victoria**

Seattle, WA. 8 days (2 layovers). Levels: energetic beginner to advanced. Activities include Biking, sea kayaking, hiking, Butchart Gardens Martha Travis, Bicycle Adventures, PO Box 11219, Olympia, WA, 98508. 800-443-6060, www.bicycleadventures.com

**TRACK**

**MAY**

**May 2: Alpenrose Weekly**

Portland, OR. See series info. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

**May 3: Alpenrose Friday Night Racing**

Portland, OR. See race series for information. Jamie Mikami, 503-452-0312, www.obra.org

**May 9: Alpenrose Weekly**

Alpenrose Velodrome, Portland, OR. See series info. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

**May 10: Alpenrose Friday Night Racing**

Portland, OR. See race series for information. Jamie Mikami, 503-452-0312, www.obra.org

**May 15: Marymoor Wednesday Night Track Racing**

Redmond, WA. See series for info. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, http://marymoor.velodrome.org

**May 16: Alpenrose Weekly**

Portland, OR. See series info. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

**May 17: Alpenrose Friday Night Racing**

Portland, OR. See race series for information. Jamie Mikami, 503-452-0312, www.obra.org

**May 17: Marymoor Friday Night Racing**

See race series for information Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, http://marymoor.velodrome.org

**May 18: Middle of May Track Race**

Portland, OR. Ron Magnus, 503-244-4866, ronm@hevanet.com

**May 22: Marymoor Wednesday Night Track Racing**

Redmond, WA. See series for info. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, www.marymoor.velodrome.org

**May 23: Alpenrose Weekly**

Portland, OR. See series info. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

**May 24: Alpenrose Friday Night Racing**

Portland, OR. See race series for information. Jamie Mikami, 503-452-0312, www.obra.org

**May 24: Marymoor Friday Night Racing**

Redmond, WA. See series info. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, http://marymoor.velodrome.org

**May 29: Marymoor Wednesday Night Track Racing**

Redmond, WA. See series for info. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, www.marymoor.velodrome.org

**May 30: Alpenrose Weekly**

Portland, OR. See series info. Mike Murray, 4318 SE 8th Ct., Gresham, OR, 97080. 503-661-5874, www.obra.org/track

**May 31: Alpenrose Friday Night Racing**

Portland, OR. See race series for information. Jamie Mikami, 503-452-0312, www.obra.org

**May 31: Marymoor Friday Night Racing**

Redmond, WA. See series info. Sandy Seidensticker, Marymoor Velodrome Association, 12036 201st Place NE, Woodinville, WA, 98072. 425-869-1545, http://marymoor.velodrome.org

**ROAD TOURING**

**APRIL**

**Apr 13-16: Tunisia Odyssey: Eden to Oasis**

Southern Tunisia. Diverse cultures and lifestyles of southern and central Tunisia, beautiful landscapes. 95 percent paved roads, hills. David Mozer, International Bicycle Fund, 4887 Columbia Dr S, Seattle, WA, 98108. 206-767-0848, www.ibike.org/ibike

**Apr 6-13: Hawaii Tour**

Big Island of Hawaii, HI. 8-day tour: Bike, Hike & Snorkel. Highlights: Kilauea Crater, Kona Beaches, City of Refuge, Kohala Martha Travis, Bicycle Adventures, PO Box 11219, Olympia, WA, 98508. 800 443 6060, www.bicycleadventures.com

**Apr 7: 25 km, 50 km Peace Brevets**

Fort St. John, BC. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**Apr 7: Tour of the Cowichan Valley**

Vancouver Island, BC. 200 km, 150 km, 100 km, 50 km available Stephen Hinde, 250-245-4751

**Apr 12-14: Wine Country Weekender**

Calistoga, CA. Tour sample some of the most pitoresques landscapes of the Northern California wine country. Luna Tours, 200 Mountain Brook Rd., Livingston, MT, 59047. 877-404-6476, www.lunatours.com

**Apr 13: 50 km, 75 km Peace Brevets**

Fort St. John, BC. Part of the BC Peace Region Randonneurs Series. Wim Kok, 250-785-4589, wkok@nlc.bc.ca

**Apr 13: SIR 300 km Brevet**

Seattle, WA. Mark Thomas, Seattle International Randonneurs (SIR), 13543 160th Ave NE, Redmond, WA, 98052. 425-702-8880, www.seattlerandonneur.org

**Apr 14: Pacific Populaire**

Vancouver, BC. Start 9 a.m. from Riley Park Community Centre. Tour Vancouver, Richmond. Distance 25 km, 50 km, 100 km. Danelle Laidlaw, 604-220-8403, tourbc@tour-bc.net





# Redlands, '02

By MAYNARD HERSHON

I've just returned from the 5-day Redlands Cycling Classic in southern

California, nowadays the most important stage race in the US. In the '80s and '90s, the era of the Coors Classic and Trump and DuPont Tours, Redlands was an early-season training race, but those events faded and Redlands grew bigger and more competitive.

Some of the fastest racing I've seen has been at Redlands - in mid-March! It's a mystery how racers from states with cold, snowy winters show up with white legs and very few miles and go that fast.

The fields are large, over 200 men and over 100 women. All the big teams come to Redlands plus composite teams, a guy from here and a guy from there. If they're lucky, one of those guys has a buddy with a car, a buddy who'll stand in the feed zone and hand up bottles and food bags.

I followed both the men's and women's events on a motorcycle, carrying a Mavic neutral mechanic. As I watched, the difference between men's and women's racing, even at the highest levels here, became evident. Cycling is a team sport and a smart person's sport; the men know that and ride accordingly, many of the women are not so sure.

As you may know, even in a field of 200, only a few racers are going to be able to win a stage race overall. Lots of guys can win on a given day, but not many have a chance to win on "general classification," (GC) as it's called.

To be a good GC rider, you have to be fit

and consistent, no bad days. You have to have the athletic abilities, the "tools," but beyond those tools, you have to have a certain tactical savvy; you have to know when to go hard and when to take it easy.

On teams without smart directors, you also have to know how to control your riders on the road, with radios or by speaking to them directly. You have to use your teammates effectively, letting them know when to go hard and when to take it easy.

Tactics are why you can't just run the race on ergometers, trainers that measure athletic output in watts. The strongest guy MAY win the race, but the smartest, most economical guy, the guy whose team is unified and supportive, wins far more often.

I've seen a guy win a big race with a perfectly timed, five-second move.

You'd hardly noticed him in the pack or in the breakaway. Suddenly, in an instant, he'd won the race. You could think he'd won strictly by his own efforts.

But you don't know what led to that moment, how many times he or a teammate had to sacrifice to put him there in the perfect place to execute that move, the move that looked so easy and slick. He made the move but tactics put him there.

In the US, far more men than women are tactically savvy. Far more men's teams are run smart, AS TEAMS. Women's racing has lagged behind for one reason or another. You could see it at Redlands, clear as could be.

One young woman, French Canadian Genevieve Jeanson, has dominated North American racing the last couple of years. She doesn't ride all the races, but when she

appears she's the woman to beat. She isn't beaten often.

At Redlands, in the uphill prologue time trial, a three-mile pure test of strength, Jeanson's time would have placed her around 20th among the men. Think of that!

Jeanson beat nearly 200 pro and category one men up that hill. She was, by a huge margin, the strongest woman in the race. No one man is as demonstrably superior to his competitors as Jeanson is to hers.

Did she win overall? She did not. Her team was not a unit, nor was it well led. She had several good riders on her team, potentially great allies in her effort to win Redlands, but the riders were unsure of when to go hard and when to rest — and there was no one to tell them.

The Saturn team, in contrast, is led on the road by an extremely savvy German woman, Petra Rossner, who has taught her teammates how to race. Top teams have inter-rider radios, but radios are wasted if no one knows what to tell the team.

In the second road race stage, one of Jeanson's (Team Rona) teammates broke away with another of Saturn's three German women, Judith Arndt. Arndt and the Rona rider gained huge amounts of time on the pack. Then Arndt dropped the Rona rider on the climb to the finish.

All that time, Jeanson, in the race leader's jersey, mysteriously sat back in the pack and waited. She might have been wearing the race leader jersey, but her team evidently was leaderless. No such blunder would have happened in the men's events.

When Jeanson finally did attack to try to catch Arndt, she had waited far too long. Jeanson chased and chased and still lost minutes to the German, who took over as race leader. Many thought the race was over.

In the last road stage, the final stage of the Classic, Jeanson attacked at the gun, trying to



gain back all those minutes by herself, on sheer strength.

The two strongest Saturn women, Arndt (in the leader's jersey) and Jeanson's rival French Canadian star Lyne Bessette, began chasing her immediately. Working together smoothly, the two Saturns caught Jeanson after miles of pursuit.

When they caught, Arndt immediately attacked. Had Jeanson responded, Bessette would have drafted her until she caught Arndt, then attacked and made Jeanson catch HER. Then Arndt would have attacked again. The two women would have worked Jeanson over until she could no longer respond.

At that point the Saturns merely had to protect Arndt's huge lead; a stage win was a bonus, not a necessity. But they got that bonus — Arndt won the stage alone and won Redlands overall, beating an almost surely stronger woman.

Saturn didn't have all the strong women in the race but they had many of the smart ones. Those of us who love women's racing look forward to the day when there are several teams as savvy as Saturn. Then, THEN, you'll see some bicycle racing.



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